Pedagogy for Sustainable Food Systems

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Context

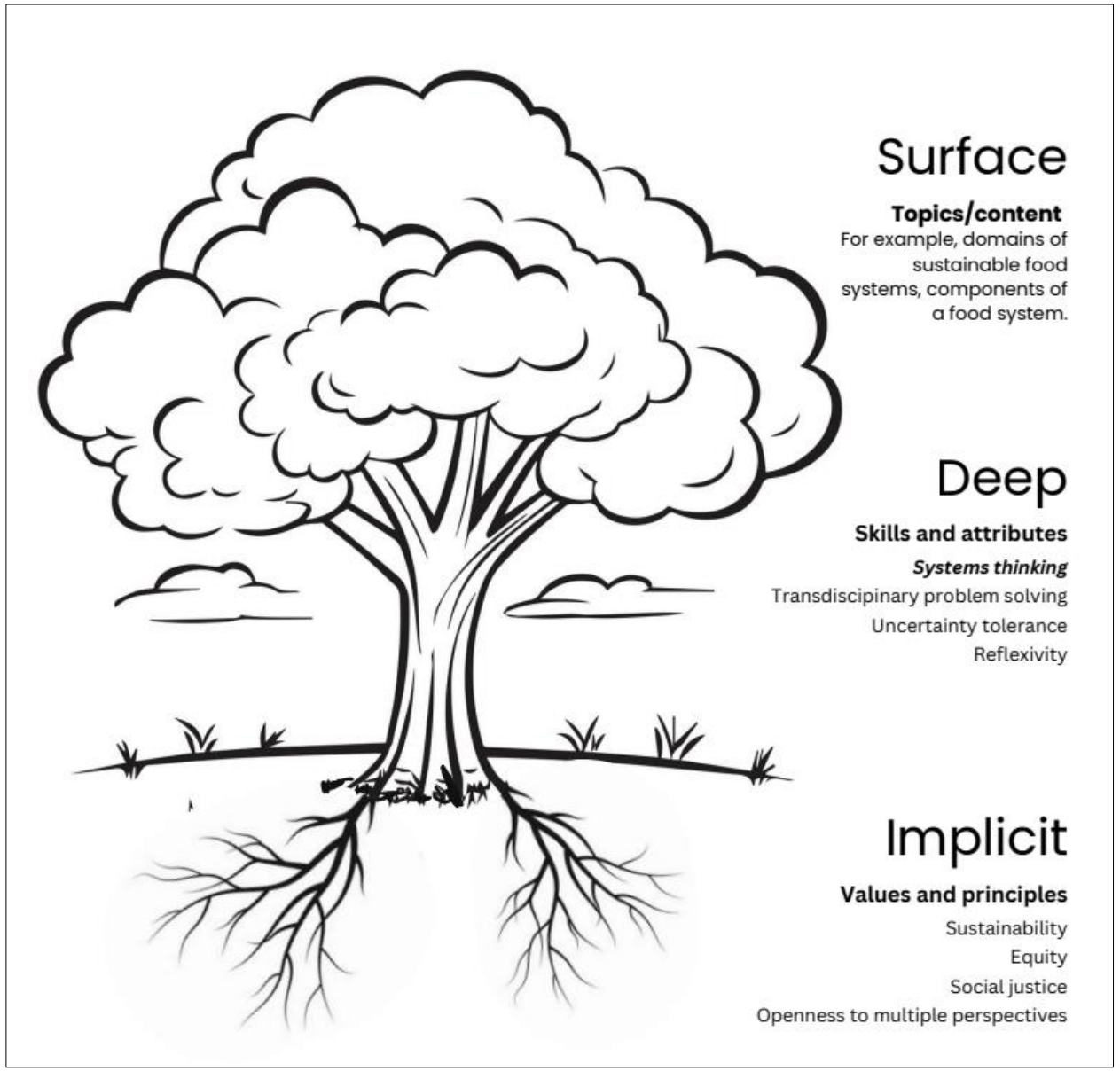
- Nutrition and dietetic professionals are well-positioned to contribute to sustainable food systems, but the higher education sector must offer fit-for-purpose training.

- Teaching SFS requires engagement with complexity and critical thinking.

'balancing complex social, cultural, economic and environmental factors when making decisions and working with individuals and organisations'

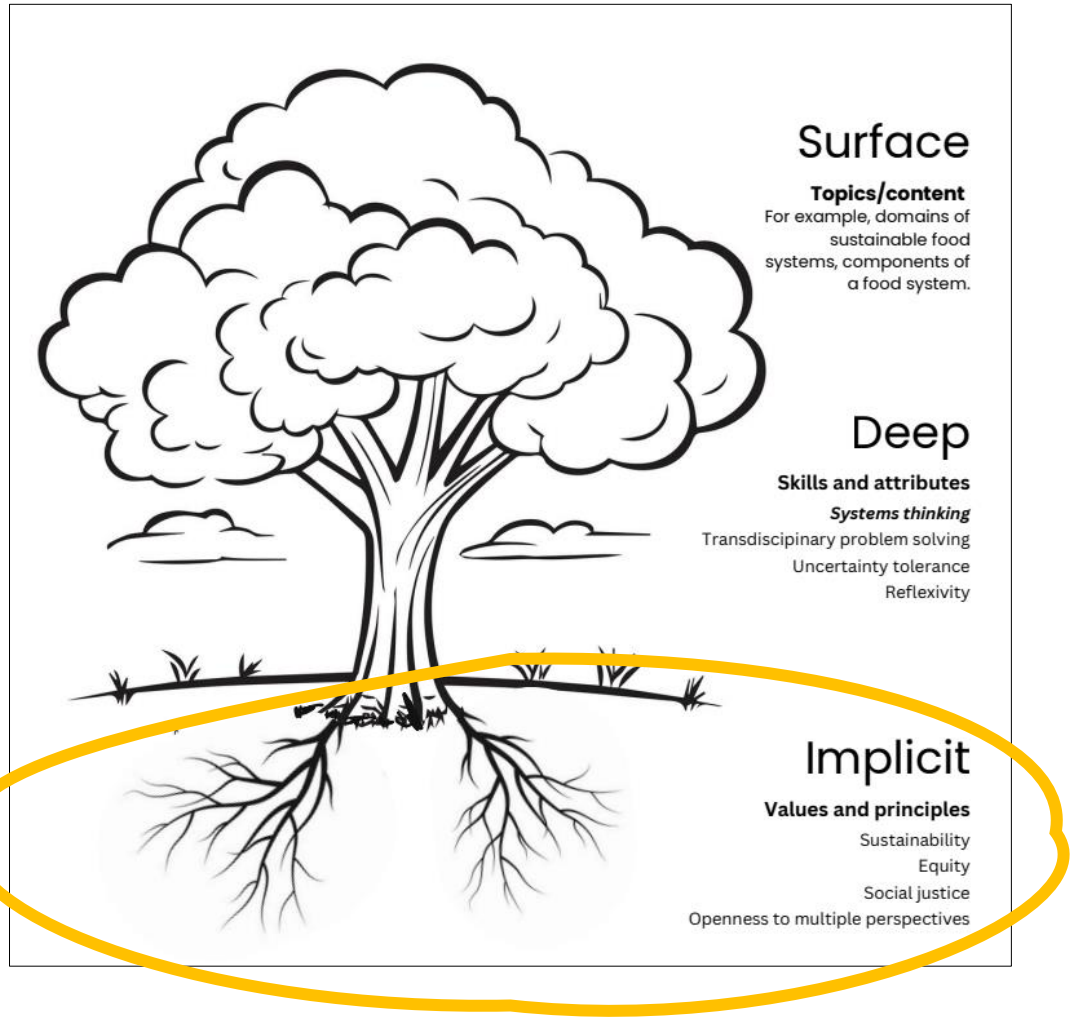
- Challenging to teach students to navigate the trade-offs and tensions that come with sustainability in mind.

- Distill international, expert-informed calls to action for transformative pedagogical approaches.



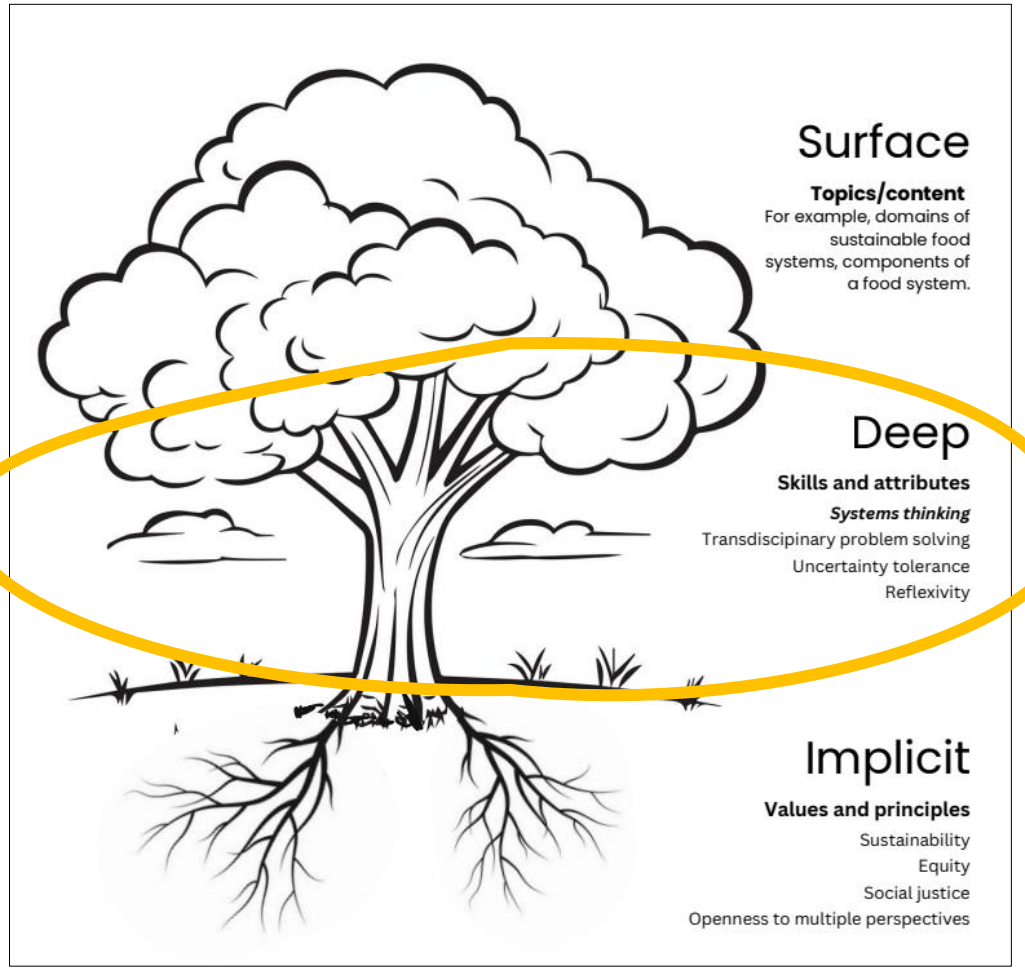
Nested Levels of Food Systems Pedagogy (Adapted from Valley et al. 2018)

Implicit:
Values and principles



Nested Levels of Food Systems Pedagogy (Adapted from Valley et al. 2018)

Deep: Skills and attributes



Implications for practice