International Confederation of Dietetic Associations

Dietetics and Nutrition Around the World

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Feature Article

The Australian Advocacy Experience: How we've made our own 'Parliamentary Friends of Nutrition'

It is Dietitians Australia's vision to be the leading voice of nutrition and dietetics, and our mission is to champion the professional nutrition and dietetic workforce to empower people and communities.

In 2023, Dietitians Australia successfully negotiated the formation of a Parliamentary Friends of Nutrition group to be recognised by the Federal Government's 47th Parliament. These groups are normally chaired by at least two current serving members of parliament (MPs) and may be established to raise awareness of specific topics. The Parliamentary Friends of Nutrition group is co-chaired by two politicians, Senator Helen Polley and Bridget Archer MP, who are dedicated supporters of nutrition and dietetics.

Mr Dan Rapacholi, Member of Parliament with Sienna (the judge of the Health Lunchbox Challenge competition) and Greg Jennett (ABC reporter) at the Parliamentary Friends of Nutrition event in June 2024.

It's a non-partisan forum to help raise awareness of the importance of nutrition for a healthy life. This initiative offers Dietitians Australia a prime opportunity to educate

parliamentarians and the community on the value of nutrition and to advocate for improved or expanded access to publicly funded dietetic services.

Parliamentary Friends groups are required to hold at least two events at Parliament House in Canberra annually. Dietitians Australia has facilitated three events, with a fourth planned for November 2024. Each event is themed around topics of top priority to the association.

In June this year, we took the opportunity to focus on the role and importance of nutrition in early childhood, and we collaborated with a leading nutrition research and community of practice group, the National Nutrition Network, to co-develop a call-to-action for politicians and key funders and decision makers in the field of early childhood education and care. As part of the event, presentations were given by Dietitians Australia President, Tara Diversi and Dietitians Australia CEO, Magriet Raxworthy. The co-chairs, Senator Helen Polley and Mrs Bridget Archer MP spoke in support of our call for greater emphasis on nutrition in early childhood and Leanne Elliston (Executive Director of Nutrition Australia ACT) gave a presentation on the role of nutrition in the early years of life. The newly developed Early Childhood Education and Care Call-to-Action statement was released at the event.

Politicians, department heads, advisors, and influential stakeholders from across the government and non-government sectors are invited to our events. At our most recent event, to engage the audience in a meaningful way and to land the message of the Call-to-Action statement, we hosted a 'Healthy Lunchbox' challenge with three politicians and a Sky News political host. The judge of the challenge was a 10-year-old girl, Sienna and a prominent Australian broadcast political reporter, Greg Jennet, was the commentator. The challenge pitted the participants against each other to create,

in ten minutes, the healthiest and most enticing snack or sandwich for a young child. In good humour, the winner took home a decorated pirate banana!

(L to R back row) Mr Tom Connell (Sky Newsdesk), Dan Rapacholi Member of Parliament, Senator Richard Colbeck, Mr Greg Jennett (ABC reporter), Ms Bridget Archer MP, Leanne Elliston (Executive Director Nutrition Australia, ACT)
(L to R front row) Magriet Raxworthy (CEO Dietitians Australia), Sienna, Dai Le Member of Parliament, Tara Diversi (President Dietitians Australia), Senator Helen Polley

Dietitians Australia reached a new media record during this week - attracting the highest volume of National Press Gallery media coverage in a single campaign. Sky News Australia broadcasted an extensive clip the same day showcasing his experience. View more here

The event also attracted media coverage from ABC National, 9 News Australia, 7 News Australia and SBS. In addition, the event was also replayed at the end of the ABC's *Insiders* program, the most coveted talk show for political commentary in the country. View part of the clip here.

The Dietitians Australia Marketing and Communications team captured video footage and photographs during the event which were subsequently used in member and public communications including on all Dietitians Australia social media platforms. To coincide with the events, we executed a communications plan that included internal (member) and external communications via social media and media both in the lead up to events and following.

Dietitians Australia's current advocacy priorities centre around disability, aged care, mental health, food systems, early childhood, and primary care. The next event in November 2024 will have a theme focus on chronic disease management.

Our Parliamentary Friends events offer us unparalleled in-person engagement with our national politicians and allow us a platform to promote greater awareness of the value of nutrition and dietetics in the minds of our political decision-makers and motivate them to act on advancing access to dietitians within Australia.

Magriet Raxworthy (she/her) | Chief Executive Officer

National Dietetic Association Reports

News from Swedish Association of Registered Dietitians

Health-Promoting Projects

In 2024, the Swedish Association of Registered Dietitians (DRF) will continue its vital work promoting healthier lifestyles, backed by a generous €160,000 grant from the National Board of Social Affairs and Health. This year's efforts will focus on empowering healthcare professionals about healthy, sustainable eating habits, particularly for vulnerable groups such as children, young people, pregnant women, the elderly, and those facing socio-economic or medical challenges. DRF will play a key role in raising awareness about the national guidelines and the newly updated Nordic Nutritional Recommendations (NNR 2023). Through knowledge-sharing

seminars, advocacy campaigns, and the creation of practical resources, DRF will support the fight against unhealthy dietary habits. Partnerships with national organizations are expected to amplify the impact of this work, embedding these vital guidelines into healthcare practices across Sweden.

In addition, DRF has received a €70,000 grant from Sweden's Innovation Agency to develop a "Transformation Platform." This initiative aims to mobilize and engage key actors in working toward the ambitious mission: "By 2035, the food system promotes a healthy life for all." The platform will focus on driving broad societal changes, including innovations in the food system, decision-maker roles, and shifting societal norms. On both a strategic and operational level, the platform will unite stakeholders and support experimental initiatives that could contribute to a systemic transformation for healthier living.

InSyNC Doctoral Programme

The Integrating Sustainability into Nutrition Care (InSyNC) Doctoral Programme, an innovative collaboration between Uppsala University, the University of Gothenburg, and Umeå University, has been running successfully for a year. Currently, ten doctoral students are advancing their research within the program, all contributing to this groundbreaking initiative with international implications for the future of dietetics.

Funded by the Swedish Research Council from 2023 to 2027, this program is the first of its kind in Sweden, uniquely focused on nutrition and dietetics. It represents a collaboration between the three higher education institutions in Sweden that are authorized to offer the dietetics program. The initiative is designed not only to bridge the gap between research and teaching but also to generate cutting-edge knowledge that is highly relevant to the global dietetics profession and education.

One of its key goals is to ensure that more individuals acquire the qualifications needed to teach in dietetics programs in the future.

What sets this research school apart is its comprehensive and international scope. In addition to ongoing doctoral research, the program offers a wide range of activities, including postgraduate-level courses, regular seminars, and symposia that bring together leading experts in nutrition and dietetics. The doctoral program is supported by an outstanding international scientific advisory group, composed of renowned nutrition and dietetic researchers from across the globe. Their expertise and guidance help ensure that the program remains at the forefront of global nutrition research and education.

The overarching theme of the doctoral program, "Integrating Sustainability into Nutritional Care," is structured around three sub-themes: Nutrition and Eating Across the Lifespan, Nutrition in Health Promotion, and Access to High-Quality Nutritional Care through Digitalization and Innovation. These themes align with global priorities

in healthcare, aiming to foster innovation and sustainability in nutrition practices worldwide.

Advocating for Dietitians in Municipal Elderly Care

Malnutrition is a common and serious issue in Swedish elderly care, with over half of risk assessments in nursing homes indicating a risk of malnutrition. Despite this, the number of municipal dietitians in Sweden has drastically decreased, halving over the past decade.

While clear guidelines and evidence-based methods are available, only 20% of municipalities currently employ dietitians and many lack access to registered healthcare professionals with expertise in malnutrition. Tackling this issue demands a collaborative effort from various healthcare professionals, with dietitians playing a central and indispensable role.

In response, the Swedish Association of Registered Dietitians (DRF) has taken significant steps to raise awareness. Over the past year, DRF has published opinion pieces in multiple Swedish newspapers, calling for the urgent need to increase the number of dietitians in municipal elderly care. A recent DRF survey of municipal head nurses revealed that two-thirds of respondents believe their municipality's nutritional expertise is insufficient.

DRF remains committed to advocating that every municipality in Sweden should have at least one employed dietitian to ensure adequate nutritional care for the elderly.

Susann Ask

News from Portuguese Association of Nutrition

NUTRITION: A SCIENCE FOR INCLUSION

The Portuguese Association of Nutrition organized the twenty-third edition of its annual congress. The XXIII Congress of Food and Nutrition took place on may 16th and 17th at the Lisbon Congress Centre.

The central theme of this edition was "Nutrition: a science for inclusion", which addressed current challenges related to changes in demographic and social patterns as a result of an ageing population and increasingly marked migratory flows. Adittional, the current political, social and economic instability in Portugal as a result of the conflicts and inflation felt throughout the European Union, has had impact on fair access to food, generating increase on food insecurity patterns, particularly among the most vulnerable groups of the population or those with more specific needs.

The congress was a space for debate on how nutritionists and other professionals, in the exercise of their functions in different areas, can be part of the solution.

Since most of the topics debated shown out to be in the participants agenda, the organization was very satisfied for achieving the demand of participants from various areas of activity and guaranteeing the excellence required of one of the largest nutrition and food congresses in Portugal.

More than 1500 participants attended and benefiting from a high quality scientific programme with nearly 30 sessions. Also had the opportunity to socialise with colleagues and promote fruitful synergies.

The congress also promote the chance to participants to present and share, in the form of 35 communications and more than 120 posters, their latest work being carried out in different areas.

During the 2 days congress, they were also around 30 exhibitors who provided participants with updates on new products and services on the market.

The next edition of the Congress of Food and Nutrition, will take place on may 8th and 9th of 2025, for the first time in the city of Braga, for another 2 days reserved for sharing science and acquiring new knowledge.

Watch out for more: www.cna.org.pt

By the Organizing Committee

Célia Craveiro

News from Singapore Nutrition and Dietetics Association (SNDA)

SNDA Members in Action: Supporting Kids' Health at NHS Kids Free Health Screening 2024

Boon Lay, Singapore - On June 8-9, the Singapore Nutrition and Dietetics Association (SNDA) took an active role in the annual Neighbourhood Health Service (NHS) Kids Free Health Screening 2024, held at the Boon Lay Community Centre from 9 am to 5 pm. This event provided vital health screenings for children aged 12 years and below, aiming to promote early detection and intervention for various health concerns.

A Collaborative Effort for Children's Health

The NHS Kids event was a collaborative initiative organized by the Boon Lay Community Centre NHS Kids, the NUS Yong Loo Lin School of Medicine, and the NUS Faculty of Dentistry. Other partners included KK Women's and Children's Hospital, Temasek Foundation, Oscar, Health Promotion Board, Ministry of Social and Family

Development, National University Health System, and the Singapore Nutrition and Dietetics Association (SNDA).

SNDA's Role and Volunteer Coordination

The SNDA's Public Relations and Resources Committee led the recruitment and coordination of dietitian and nutritionist volunteers from the SNDA. Their mission was to provide clinical expertise and nutrition counselling to children and their families, addressing a wide range of dietary concerns. Volunteers from SNDA brought their professional knowledge and compassionate care to help children achieve better health outcomes.

Addressing Nutritional Concerns

Over the two-day event, 62 children were accompanied by their parents or caregivers, received personalized nutrition counselling from SNDA members. Volunteers worked in four shifts: morning and afternoon on both days, ensuring comprehensive coverage and availability.

Common nutritional issues addressed included picky eating, food jagging, inappropriate BMI for age, unhealthy relationships with food, and consumption of high-calorie meals in large portions. The dedicated dietitians and nutritionists engaged with the children to foster healthier eating habits and a better understanding of their nutritional needs.

Janie Jeffy,

Main Committee Member of Singapore Nutrition and Dietetics Association (SNDA)

News from Thai Dietetic Association (TDA)

The Thai Dietetic Association (TDA) proudly celebrated its 50th anniversary in April 2024, a momentous occasion that reflects the rich history and significant progress of dietetics in Thailand. Over the past five decades, the field has seen remarkable development, with the association playing a pivotal role in advancing the profession and fostering a community of dedicated dietitians. Today, the association boasts a membership of approximately 3,000 dietitians, each contributing to the enhancement of nutritional health and well-being in Thailand. We also organized regional meetings for 13 health districts across Thailand to foster collaboration among dietitians in those areas.

The journey of dietetics in the country has been one of growth and transformation, shaped by continuous education, research, and the commitment of professionals dedicated to improving public health. TDA has been instrumental in supporting the education and training of new dietitians, with an impressive output of 150 to 200 new dietitians each year. Dietetic professionals are equipped with the knowledge and skills necessary to address the evolving nutritional challenges faced by individuals and communities alike.

To mark this significant milestone, the 50th-anniversary celebration was thoughtfully combined with the association's annual meeting, creating an event that not only honored the past but also looked toward the future of dietetics in Thailand. The meeting featured a range of insightful and engaging topics, carefully selected to address current trends and advancements in the field. Among these were sessions on upskilling in nutrition counseling, a workshop on dysphagia diet management, and discussions on the nutritional management of various diseases. The overarching theme of the meeting, "Application of Diet Therapy into Lifestyle Medicine: What We Should Know," underscored the importance of integrating dietetics into broader healthcare practices. This theme reflects a growing recognition of the critical role that

diet therapy plays in lifestyle medicine, highlighting the need for dietitians to be at the forefront of this integration. The event served as both a celebration of the association's achievements and a platform for sharing knowledge, fostering professional development, and inspiring the next generation of dietitians to continue building on the foundation laid over the past 50 years.

Varanya Techasukthavorn

News from the Academy of Nutrition and Dietetics

At Food & Nutrition Conference & Expo (FNCE®) 2024 in October in Minneapolis, Dr. Johanna Dwyer presented the Edna and Robert Langholz International Nutrition Award Lecture, "Advancing Public Health Through Global Collaboration."

Key topics included:

Influence of Nutrition Science on Policy: Strategies for using nutrition science to shape policies and address social issues.

Skills for Multisector Collaboration: Essential skills for effective partnerships across various sectors.

Enrichment through Global Collaboration: The benefits of working with diverse colleagues for impactful research and policy.

ACEND expands international dietetics program accreditation

The Accreditation Council for Education in Nutrition and Dietetics (ACEND) continues its support of international nutrition and dietetics education. This spring volunteer peer reviewers will travel to Saudi Arabia to assess a nutrition program seeking accreditation, ACEND's first program in the country. ACEND's global presence

continues as we work to support efforts in South American and Africa – expanding upon international programs located in Australia, Lebanon, Mexico, Qatar, South Korea and the United Arab Emirates.

Patricia Shank

Senior Manager

News from Pakistan Nutrition and Dietetic Society (PNDS)

On 5TH October, 2024, Prof. Chwang Lee (Honorary Life President, AFDA) visited and meetup with PNDS Dietitian-members from leading hospitals of Karachi, Pakistan. On 19th October, 2024, he visited Aga Khan University hospital Nutrition and Food Service Department and this was arranged by Salma Siddiqui, head of Nutrition and Food Services Department (NSFD) followed by a meeting organized by Pakistan Nutrition and Dietetic Society (PNDS)& NSFD department, Aga Khan University

Hospital, Karachi.

PROF CHWANG LEE'S VISIT

Health Asia Expo and Conference

PNDS was invited to participate in Health Asia Expo organized by IiLM in collaboration with Health Asia & Riphah Institute of Healthcare Improvement & Safety and Pakistan, Cardio metabolic forum at Expo Centre, Karachi, Pakistan. The theme for the session was, "Food for health OR Disease". Three topics under this session were presented by: Prof. Dr. Khawar Kazmi (Cardiologist), Fayza Khan(Consultant Nutritionist) & Dr.Zakiuddin Ahmed which was followed by a panel discussion on " Building an Eco-System for Nutrition-based HealthCare System in Pakistan. The panel of experts included Assist. Prof Dr. Nilofer Fatimi Safdar (School of Public

Health,DUHS) Dr. Lubna (Health Economist, CBEA,IBA),Saima Rasheed(Registered Clinical Dietitian, NMC Hospital) & Dr.Atif from Pharmevo pvt. Ltd. The panel discussion was moderated by Rabia Anwar, Consultant Dietitian & Treasurer, PNDS

June 1, 2024, the PNDS Lahore chapter hosted a Continuing Nutrition Education (CNE) session at Shalimar Hospital, focusing on the "Nutritional Management of Inborn Errors of Metabolism." The session featured Rana Muhammad Ali Awais, a Pediatric Nutritionist and Metabolic Dietitian from The Children's Hospital & UCHS Lahore, who provided valuable insights into the complexities of managing these rare genetic disorders through tailored nutritional interventions. The event attracted a diverse audience, including PNDS members, practicing dietitians, and nutrition students and interns, fostering an engaging atmosphere for knowledge exchange. Participants gained a deeper understanding of dietary strategies essential for optimizing the health and development of affected children, highlighting the critical role nutrition plays in managing these conditions effectively.

On July 20, 2024, the PNDS Lahore chapter organized a hybrid Continuing Nutrition Education session featuring RDN Amber Mustafa, MSc. Public Nutrition. As a Public Health Nutrition Educator and founder of Mindful Dieters, Amber focused on the crucial topic, "Fueling Futures: Empowering Kids with Nutrition Education." The session was well-attended both in-person and online, drawing participants from various backgrounds, including dietitians, educators, and students. Amber's engaging presentation emphasized the importance of nutrition education in shaping healthy eating habits among children, providing practical strategies for fostering positive dietary choices. Attendees left with actionable insights to empower the next generation through informed nutrition, reinforcing the vital role of education in promoting lifelong health.

Continuing Nutrition Education session

Future FoodTech Summit and Food Asia Exhibition at the Expo Centre in Lahore

On August 9-10, 2024, the Pakistan Nutrition and Dietetics Society (PNDS) partnered with the National Alliance for Safe Food (NAFS) to participate in the Future FoodTech Summit and Food Asia Exhibition at the Expo Centre in Lahore. This collaboration underscores both organizations' commitment to promoting safe and nutritious food practices across Pakistan. NAFS, one of the country's large networks of food professionals, aims to enhance the production and consumption of safe food through comprehensive training and education for consumers and manufacturers. The summit highlighted the growing concerns over diet-related diseases and malnutrition,

emphasizing the need for education on balanced eating and wellness. Notably, Technical Session 2, moderated by Dr. Afifa Tanweer, CNE Coordinator of PNDS, featured influential presentations from experts, including Dr. Hafiz Rehan Nadeem, RDN Hajra Saleem, RDN Maria Nadeem Khan, Ms. Waffa Ali, and Ms. Kanza Saleem, who addressed various topics related to nutrition and health. The session concluded with a vote of thanks and souvenir distribution, reflecting the collaborative spirit of the event. A PNDS information desk was also set up at the expo for membership drives and to raise awareness among young talent. Esteemed guests, including academic leaders and nutrition students, attended, reinforcing the significance of dialogue and innovation in addressing nutrition and health challenges in Pakistan.

News from Dietitians Association of Nigeria

Dietitians Association of Nigeria (DAN) has had an extraordinary year in 2024, marked by significant achievements and impactful contributions to both its members and the broader Nigerian community. With a steadfast commitment to advancing the profession, DAN has made remarkable strides in various areas.

This year DAN has continued to prioritize the education and training of new dietitians, successfully educating and training over 200 new dietitians annually. This effort has bolstered our membership strength, which now proudly stands at over 2,000 members. These new professionals are equipped with the latest knowledge and skills necessary to address the evolving nutritional challenges faced by individual and communities.

DAN has been proactive in organizing state and regional meetings, fostering collaboration among dietitians across Nigeria. These gatherings have provided valuable opportunities for networking, knowledge sharing, and professional development, ensuring that our members remain at the forefront of the field.

One of the highlights of the year was our 15th Annual scientific Conference, held under the theme “Navigating Nutritional Challenges in a Depressed Economy towards Sustainable Development Goals for Healthier Communities.” This conference brought together experts, government, Private and key opinion leaders in nutrition to discuss innovative solutions to the nutritional challenges faced in our current economic climate. The insights and strategies shared during this event have been instrumental in guiding our efforts towards achieving sustainable development goals.

DAN has also been at the forefront of health and scientific research. This year, our members have conducted numerous studies and community outreach programs aimed at improving public health. These initiatives have provided valuable data and insights that are being used to develop more effective nutritional interventions and policies, most which have been documented in our journals.

Our commitment to community outreach has remained strong. DAN members have actively engaged in state activities, reaching out to local communities with the most up-to-date public health records and nutritional advice. These efforts have not only improved the health and well-being of individuals but have also raised awareness about the importance of proper nutrition.

As we reflect on the achievements of 2024, we are inspired to continue our mission of advancing the dietetics profession and improving the health of our communities. Dietitians Association of Nigeria remains dedicated to supporting its members and contributing to the development of Nigeria through education, collaboration, and innovative solutions to nutritional challenges while maintaining international standards.

Charles Chinemerem Oguikpe (RDN)

On behalf of: Prof.Olivia Afam-Anene

Country Rep/National President (DAN)

Thoughts on DNAW

Introducing "Food Culture Spotlight" (SNDA)

Introducing "Food Culture Spotlight" in the DNAW can greatly enhance community engagement and professional growth. The spotlight could highlight both well-known and underrepresented cuisines, offering insight into unique ingredients, traditional meal patterns, and how they align with or differ from modern dietary guidelines. This feature could explore traditional dishes from various cultures, diving into the nutritional profiles, preparation methods, recipes and their impact on health. It could also offer practical knowledge that can be applied in diverse populations, offer valuable professional development, and expand cultural competence in meal planning. It also fosters appreciation for the global diversity in dietary practices. This theme will enrich the newsletter and provide a dynamic, educational resource for the professional community.

Contribution from: Singapore Nutrition and Dietetics Association

Awards and Grants

Academy of Nutrition and Dietetics Foundation News

The Foundation maintains Directories of Global Resources and Collaborations, which include information for international food, nutrition, and dietetics practitioners and students regarding professional, postgraduate, student scholarship, and student study abroad opportunities. The recently updated directories are available here.

- The Wimpfheimer-Guggenheim Fund for International Exchange in Nutrition, Dietetics and Management, administered by the Academy of Nutrition and Dietetics Foundation, funds several funding opportunities, listed below.

o The ICDA Welcome Fund provides financial support for new national dietetic associations to become ICDA members. Contact nbrown@eatright.org for information.

o The First International Nutritionist/Dietitian (FIND) Fellowship for Study in the USA assists a foreign national pursuing postgraduate work in the USA with plans to return to his/her country. Recipients of this award represent 23 countries. The 2025 application opens in early December and will have a deadline of February 24, 2025. Multiple awards may be given.

Please join us in congratulating the 2024 recipients:

Amr Al-Absi, MS (Yemen). Amr is pursuing a Master of Public Health degree at Harvard T.H. Chan School of Public Health, focusing on the intersection of diet, health, and disease prevention.

Zeyu Li (China). Zeyu is pursuing a Master of Science in Food Science and Human Nutrition and is completing a dietetic internship at the University of Illinois Champaign-Urbana.

Jing Peng, MPH, RDN (China). Jing is pursuing a PhD in Nutrition at the University of Maryland, College Park, and is engaged in doctoral research focused on investigating the correlation between nutrition and cancer progression.

The Global Information Sharing Experience in Nutrition and Dietetics at U.S. Universities engages and promotes collaboration with members of the nutrition and dietetics international community. International dietetics professionals and students are encouraged to visit the Foundation's website to learn more about this opportunity. The application for university hosts opens in early December and will have a deadline of February 24, 2025.

The Wimpfheimer-Guggenheim Global Hunger Relief Program Grant provides seed money for programs directly addressing hunger in low-resource settings, including developing countries. The 2025 application opens in early December and will have a deadline of February 24, 2025.

Wimpfheimer-Guggenheim Resource Grant for International Dietitians provides small amounts of funding for dietitians from countries outside of United States to purchase Academy of Nutrition and Dietetics resources to support their dietetics practice. The application is available year-round and is accessible here.

The Wimpfheimer-Guggenheim Fund for International Exchange in Nutrition, Dietetics and Management supports an annual international lecture at the Academy of Nutrition and Dietetics Food & Nutrition Conference & Expo™ (FNCE®). The focus of the lecture is to raise the nutritional health of the world community by highlighting original international projects in food and nutrition, dietetic education, research and foodservice management. The 2024 lecture, titled "Uniting Technology and Tradition to Combat Child Stunting Globally" was presented by John Casillas, Executive Director of GlobalRise, and Sylvia Klinger, DBA, MS, RDN, in October. Past Wimpfheimer-Guggenheim International Lectures may be viewed here.

Announcements

Important Notice from the ICDA Secretariat

The ICDA Secretariat requests that all National Dietetic Associations kindly update their email address(es) on file with the Secretariat, including the recently added "Administrative Contact." The email address could be for a member of the NDA, who serves as the link between previous and newly elected representatives. Regardless, please ensure that the Secretariat always has the most current information.

ICDA Social Media Pages

ICDA LinkedIn page

NDAs are requested to encourage its members to follow and promote the ICDA LinkedIn page: ICDA – International Confederation of Dietetic Associations, at https://www.linkedin.com/company/internationaldietetics/

If you have not already done so, please send a short description of your NDA (about 150-200 words in your language but also in English) that includes your organization's name, mission, and contact information, your logo (with your approval to post that the logo). You can also include a written quote from your organization's President or a designated leader. We will be featuring NDAs on the LinkedIn page. Please send the information to ICDAsocialmedia@gmail.com

Share your news on social media. Send information to: ICDAsocialmedia@gmail.com

Please allow approximately one week for posting.

ICDA Instagram page

A new Instagram account has been opened for ICDA. The handle is icda_internationaldietetics. Please follow and share with all your professional contacts.