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Dietetics and Nutrition Around the World

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Report from the ICDA Board

The Board continues to meet virtually roughly every 6 weeks but is now planning to hold an in-person meeting in November in Toronto. This will be the first face-to-face meeting for 3 years and for some of the Directors this will be the first time they have met in-person. Though Zoom meetings are a fantastic way of conducting business they have their limitations, and everyone is looking forward to having time together to shape the future of ICDA.

Meeting in Toronto also gives the Board the opportunity to meet with members of Dietitians of Canada working on the International Congress of Nutrition and Dietetics www.icnd2024.ca, to be held in the city in June 2024. Supporting the National Dietetic Association (NDA) hosting ICND and contributing to the congress is an important function of the Board.

Change of ICDA Secretariat

The Board is pleased to announce that from May 1, 2022, the ICDA Secretariat is being provided by Redstone Agency, an association management company based in Toronto.

We would like to thank Dietitians of Canada for delivering the Secretariat services and for their support for many years and look forward to a different but ongoing relationship.

Partnering with Redstone Agency has required the Board to look at and change some of the processes and procedures needed to manage the operational side of ICDA. This will be an ongoing process, but we hope to become more streamlined and have more efficient communication channels for representatives and other interested individuals. We are also using this opportunity to update the ICDA website and ask for your patience while that work takes place.

ICDA Sustainable Food Systems (SFS) project

The ICDA SFS Co-ordinator, Stacia Nordin, has been working very hard developing the SFS Toolkit website and promoting the project through regular LinkedIn posts and the monthly newsletter GROW.

This year the ICDA Board agreed to fund 10 grants, each of $1000USD, to encourage NDAs and their members to develop and share tools and learning with interested colleagues. The grants aim to:

- Increase diversity of perspectives, languages, and cultures shared in the ICDA SFS Toolkit
- Spread sustainability (see SFS Learning Modules)
- Maximize participation and learning among NDA members

- Produce new tools and/or learning from the ICDA SFS Toolkit
- Increase sharing on solutions and practical implementation for a wide variety of Dietitian-Nutritionists

Four grants have been awarded for projects in Australia, Germany, Greece and Spain. To get an idea of what they are proposing, a synopsis of each of the projects is below.

Australia will revise and expand their Eco-Friendly Food Challenge**.** They aim to increase the capacity of diverse educators to facilitate the Challenge with their students and encourage self-reflection of the environmental sustainability of their diets. They will use the grant to overhaul the original materials to ensure: (i) the tasks reflect current evidence on healthy and sustainable diet-related practices; (ii) the materials can be used by a number of different target groups e.g. children, teenagers, tertiary students, and practicing health professionals including dietitians; and (iii) the materials can be monitored by Dietitians Australia's Food and Environment Interest Group to ensure they are well-maintained.

Germany will increase the awareness of German speaking dietitians (Germany, Austria, Switzerland) towards their sustainable achievements in the field of nutrition and dietetics and how to present these within the ICDA SFS-Toolkit. They have a number of products and processes that will be developed in a participatory manner, then spread via the toolkit and local structures such as: Webinars, PowerPoint, articles, social media, NDA congress, setting up regional contacts, and reaching out to schools and universities.

Greece will improve and spread the "Straight from Nature" YouTube Channel which teaches about foods as they come from nature in a comprehensive way aiming to support food sustainability. The grant will help expand the work by increasing the number of videos / products and reaching bigger audiences.

Spain's grant is for: "Transitioning to sustainable diets: a tool to identify people's barriers and motivators for following a sustainable diet". They will develop and validate a questionnaire to identify the motivators and barriers for following a sustainable diet among Spanish citizens living in an urbanized area and sensitive to socioeconomic differences. The tool that will be developed intends to provide the means for dietitians, and other stakeholders involved in public health, for the development of interventions aiming to equitably promote healthy and sustainable diets.

The next deadline for applications is **15 September 2022**. More information is available at ICDA Sustainability Toolkit – Supporting Sustainability in Nutrition

Carole Middleton

Secretary, International Confederation of Dietetic Associations

Nutrition Teacher at Japanese School Lunch

Nguyen Huong Giang and Shigeru Yamamoto

Japan Dietetic Association, Jumonji University

Japanese school lunch program is not only concerned with the management and nutritional aspects of the food served in schools but also with the integration of the school meal into children's educational, social, and cultural experience. Central to the Japanese school lunch is the role of the licensed nutrition teacher/school dietitian, a specialized profession that has developed in Japan.

The system of training for nutrition teachers and school dietitians dates back about half a century. Before 1964, there were no job titles for the positions of dietitians. At that time, the main activity of personnel involved in school lunches was food preparation; nutrition education was done only at the request of other teachers. In 1964, the Ministry of Education introduced partial support for salaries of school dietitians at kitchens covering several schools in a given area. This was gradually expanded and eventually, dietitians were placed in each school or cluster of schools.

Since the 1990s, the social environment, including the family structure, has changed considerably and nutrition-related health problems have become even more prevalent. Parents work long hours and children study at cram schools until late at night. Under such social conditions, one cannot blame them for eating take-out/ready-made foods from shops. What we can perhaps hope for is, that children will make better food choices by following the example of the more appropriate items offered in the school lunch. The knowledge and habits formed by the school lunch program can play an important role in this. To meet this need, Nutrition Teacher License was established in 2005. This license requires a dietitian/ registered dietitian license and some credits from a teacher training institution. Nutrition teachers can provide nutrition education directly to children through classes and school events and give individual consultations for children with health problems. In 2021, there were 6752. nutrition teachers.

Nutrition teachers work in tandem with teachers of other subjects to provide nutrition education in connection with the school lunch. By this way, children can learn how to make healthy food choices, and learn about agricultural practices, food production and distribution, and cultural traditions. For example, in a social studies class, students may calculate the distance that various foods in a school lunch on a given day have traveled from their production area to the school. Students also calculate the necessary fuel and discuss its effects on the earth's ecology. In English class, English relating to the menu of the day is taught, such as the names of foods, cooking methods, etc. To teach children about cultural traditions, at seasonal events, nutrition teachers plan special meals and tell some story or draw some cartoons to explain the meaning of that day and the reason for eating that

particular food. As an example, Ms. Sumida, a nutrition teacher, used the school lunch for teaching the Japanese traditional observance of Setsubun - Midwinter Day. She developed menu and also explained the cultural history of this day through the cartoon shown below.

Photo 1: Lunch menu on Setsubun at Ms. Sumida's school.

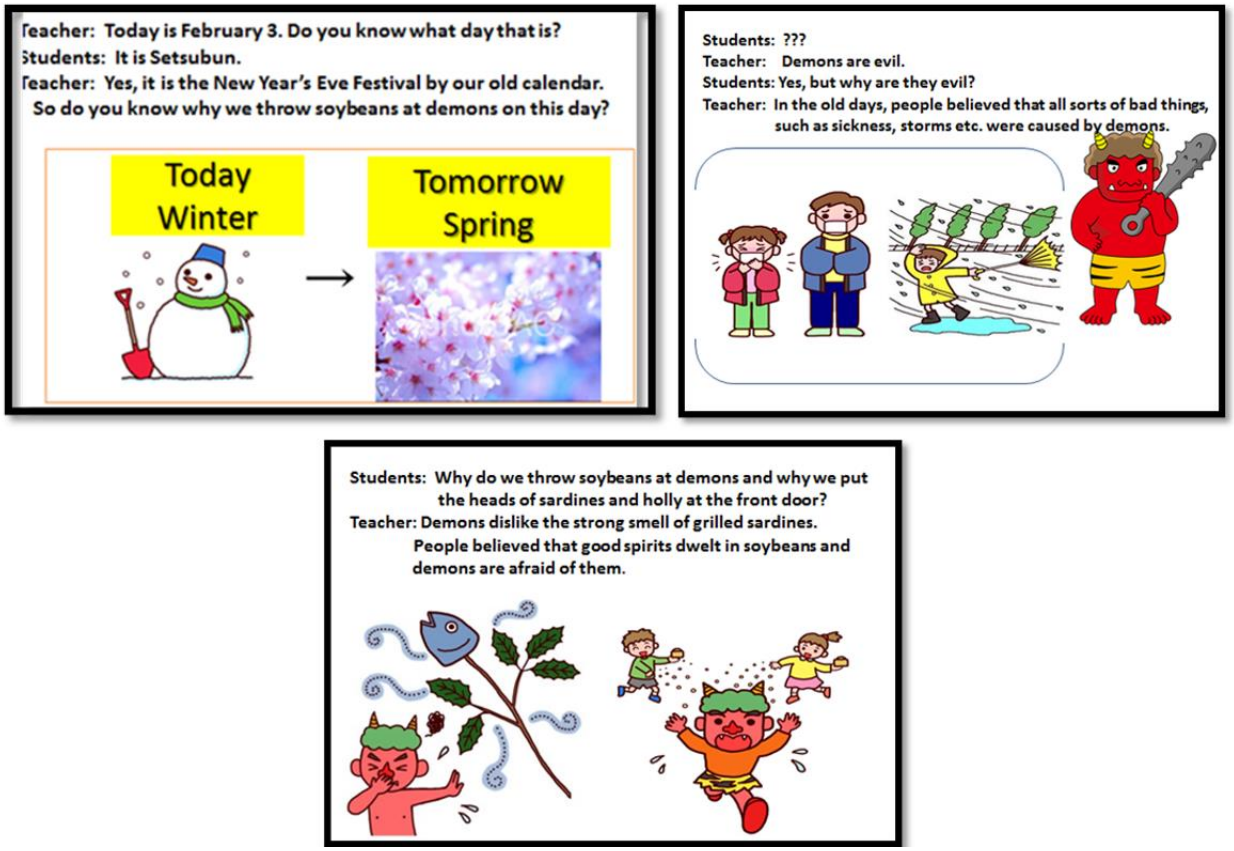


Photo 2: Conversation between teacher and students at Setsubun lunch time

Those experiences become good opportunities to learn about nutrition as well as good memories.

In conclusion, nutrition teachers are indispensable in providing delicious and safe lunches as well as improving food and nutrition knowledge for children. The reward of nutrition teachers and school dietitians working is to see children eat lunch with happiness and grow up every day. The work is not easy, however when they receive compliments or letters from children and teachers such as "It was delicious today", or "I was able to eat vegetables that I was not good at." Or "Everyone has finished eating", they will be encouraged and rewarded for their work.

Information and Reminders

19th International Congress of Nutrition and Dietetics is coming to Canada

Dietitians of Canada is excited to host the 19th International Congress of Nutrition and Dietetics in beautiful Toronto, Ontario June 12-14, 2024. The Congress will be a global event for dietetics and nutrition, sharing the best applied science, practice and training experiences. The theme *"Rise to the Challenge"* will leave delegates feeling inspired by diverse perspectives and high-quality research, and connected to a global network of dietitians, applied nutrition researchers and academics, practicum and internship coordinators and students.

The beautiful Westin Harbour Castle in downtown Toronto will serve as both the hotel and conference venue. Toronto is a world-class city offering, museums and galleries, architecture, sport, shopping and food markets all on the shores of one of North America's Great Lakes.

Key information about the Congress will be shared on the new Congress website https://icnd2024.ca/. Individuals can also subscribe to receive updates here.

National Dietetic Association Reports

Country – Hungary: News from The Hungarian Dietetic Association (HDA)

Nutrition and Hydration Week - Hungary

The International Nutrition and Hydration Week took place between 14th-20th March 2022. The event was hosted by the Hungarian Dietetic Association (HDA) in Hungary. This initiative aims to promote proper nutrition and hydration not only among the Hungarian population but in the sectors of health and social care. This week, the HDA focused on some of the related vital topics on its social media page* by posting infographics daily.

Day 1: Immunity: 5+1 Steps Towards A Strong Immune System

The first infographics of Nutrition and Hydration Week were 5+1 steps towards a strong immune system. It emphasized the role of a balanced diet, good sleep quality and enough sleep, the attempt to quit smoking, regular physical activity, proper stress management, and washing of hands.

Day 2. How To Support Our Brain's Cognitive Functions?

On day 2, How do we support our brain's Cognitive functions? Infographics presented food groups and nutrients that can help our brain's cognitive functions. These were green leafy vegetables, water, caffeine, omega-3, and other unsaturated fatty acids and berries.

Day 3. The Relationship Between Our Nutrition Status And Physical Activity

On day 3. the infographics Relationship between our nutrition status and physical activity showed the role of hydration, proper carbohydrate consumption, and dietary supplements in physical performance. It has also emphasized the importance of adequately qualified experts such as sports dietitians.

Day 4. How To Help The Regeneration Of Our Body After An Injury Or Surgery?

The HDA found it essential to inform the public that adequate nutrition plays a crucial role in regenerating our bodies after an injury or surgery. So the infographics of day 4 showed the macro-and micronutrients essential for healing.

Day 5. How To Support Our Optimal Weight?

On the infographics of this day, the HDA showed some ideas about how to estimate our portion sizes.

Day 6. How To Prevent Some Of The Most Prevalent Chronic Diseases?

On day six, the HDA's post focused on a balanced diet in preventing some of the most prevalent chronic diseases such as cardiovascular diseases, some types of cancers, diabetes, and osteoporosis.

Day 7. The Importance Of Our Diet In Our Childhood Years

On the last day of the Nutrition and Hydration Week the HDA focused on the importance of our diet in our childhood years. The post informed the public about the quality of the diet contributing significantly to the actual state of health (e.g., iron deficiency, tooth decay) and how it affects the children's mental performance, learning abilities, concentration, and school performance. The infographics emphasized the behavior of the parents as examples for their children. They encouraged the readers to talk about a balanced diet with their children and to include them in the food preparation activities as often as possible.

The HDA finds it essential to give its account of 28 thousand followers adequate information through its social media pages.

https://www.facebook.com/teritekenazegeszseg

Szűcs Zsuzsanna

Global Food Security Research Task Force

Malnutrition is a worldwide concern and improving food and nutrition security is essential to improving nutritional status.[1] With the COVID-19 pandemic exacerbating food and nutrition insecurity,[2] advancing evidence to address this issue is of the utmost importance. Thus, the Academy's Council on Research convened a Global Food Security Research Task Force with representation from internal and external stakeholders, including the Academy's International Affiliate (IAAND), the Global member interest group and the Hunger and Environmental Nutrition dietetic practice group. External representation includes The Food and Agriculture Organization (FAO), World Food Program (WFP), and Save the Children.

Since the group launched in April 2021, it has completed a concept paper that served as a background document for a virtual roundtable which took place on February 10-11. During this event, members of the task force and invited speakers presented on gaps in food and nutrition security research and the potential to leverage the role and skills of research nutrition and dietetics professionals in this landscape. Invited speakers included a representative from ICDA (Elena Carrillo), the European Federation of the Associations of Dietitians or EFAD (Danielle Gallegos), the Director of Measurement for USAID Advancing Nutrition (Silvia Alayón), the Academy Foundation's chair (Becky Dorner), and the Academy's 2021-2022 President (Kevin Sauer), in addition to organizations including the United States Department of Agriculture (USDA) and National Institutes of Health (NIH).

The core task force has been collaborating with science writers to work on a proceedings paper from the virtual roundtable summarizing the gaps in food and nutrition security research and providing recommendations for entry points for nutrition and dietetics professionals. The proceedings paper will be submitted for publication in a peer-reviewed journal in the summer or fall.

1. FAO, IFAD, UNICEF, WFP and WHO. 2020. The State of Food Security and Nutrition in the World 2020.Transforming food systems for affordable healthy diets. Rome, FAO. https://doi.org/10.4060/ca9692en
2. United Nations Department of Economic and Social Affairs. 2021. https://sdgs.un.org/goals/goal2

Country – Nigeria: News from Dietitians Association of Nigeria (DAN)

The Dietitians Association of Nigeria (DAN) started 2022 with a lot of activities.
It conducted its bi-Annual national workshop from 8th -11th February, 2022 at the University of Port Harcourt Teaching Hospital, Port Harcourt, Rivers State, Nigeria. The workshop was declared open by the Chief Medical Director Prof Henry Ugboma while an address was presented by the National President, DAN Prof Olivia Afam- Anene.

The workshop theme was “Ethics in Dietetics and Tools for Effective Dietetic Practice’’. Topics discussed were Code of Ethics, Principles that underpin ethics, Codes of Conduct/Standards of Practice, Functions of Codes and Standards, International Code of Ethics and Good Practice, and current Code of Ethics of DAN. The sub-theme was “The Use of Food Composition table to calculate food exchanges for dietary prescription and transcription (using the West Africa Food Composition Table 2019).

Topics covered were:

- The Food Exchange System: historical background, overview of Food Exchange system.
- key nutrients in a Food Exchange Group list and the amounts
- Converting the foods in the West African Food Composition table to the different Food Exchanges Overview of West African food composition table, West African FCT Excel File Step-by-Step, Manipulation.
- Amounts of other nutrients in an Exchange from our Foods in Africa
- How to efficiently prescribe and transcribe African foods using the Food Exchange System.

- Converting the West African Food Composition Table's foods, to food exchanges for easy use by RDNs.

The workshop was well attended with over 200 attendees.

The national professional qualifying test for registration as Dietitian-Nutritionists was also conducted.

A cross section of dietetic interns sitting for the national Test of Professional Competence (TOPC).

A cross section of newly inducted dietitian- nutritionists

A total of one hundred and thirty-five (I35) registered dietitian-nutritionists were inducted into the profession.

World Registered Dietitian-Nutritionist (RDN) Day 2022

The event with the Theme: "Celebrate a World of Flavours" was celebrated by different chapters of Dietitians Association of Nigeria (DAN). Chapters and Centres that celebrated the day across Nigeria included:

- Dietitians Association of Nigeria (DAN), Akwa Ibom State chapter.
- Alex Ekwueme Federal University Teaching Hospital (AEFUTHA), in collaboration with DAN, Ebonyi State chapter.
- Dietitians Association of Nigeria (DAN), Federal Capital Territory, Abuja chapter.
- University College Hospital (UCH), Ibadan, Oyo State.
- Obafemi Awolowo University Teaching Hospital Complex (OAUTHC), Ile Ife, Osun State.
- University of Benin Teaching Hospital (UBTH), Benin, Edo State.

The World RDN Day celebration began with awareness creation within the hospital clinics and hospital environment with Dietitian-Nutritionists wearing crested T-shirts with

cardboards showing varied information on the role of RDNs in health care facilities and the society. Some centres embarked on radio phone-in and television programme on the theme.

On the event-day which was 9th March 2022, the main activity of the day started and was graced by lots of hospital dignitaries including the hospital management across different centres. This was followed by lectures, food exhibition, demonstration and dramas all geared towards educating the audience on what the theme “Celebrating a World of Flavours” entails. In a lecture in one of the centres, it was made known that the theme, celebrate a World of Flavours, embraces global cultures, cuisines and inclusivity while highlighting the expertise of registered dietitian-nutritionists. In addition, it was stated that one of the joys of good nutrition is diversity, diversity of foods, diversity of nutrients, diversity of tastes and diversity of flavours. Therefore, the take home message was to encourage everyone to make informed food choices and develop sound eating and physical activity habits are sustainable and equally seek timely, scientifically and evidence- based nutrition information from registered dietitian-nutritionists since there are no one-size-fits-all diets thus helping them to develop individualised eating and diet plans to meet their health goals.

The above activities were carried out alongside free nutritional assessments and diet counselling sessions.

A Cross Section of members of DAN, Akwa Ibom State Chapter.

Members of DAN, AEFUTHA-Ebonyi State Chapter.

Prof. Olivia Afam Anene RDN

National President,

Dietitians Association of Nigeria

afamaneneoly@gmail.com

Country – South Africa: News from Association for Dietetics in South Africa (ADSA)

ADSA is pleased to share some exciting news and updates on dietitians as service providers to injury on duty patients, the ImpENSA Training Programme, complementary feeding resources, and an announcement of the biennial Nutrition Congress 2023.

1. Historic listing of dietitians as service providers to injury on duty (IOD) patients in the Government Gazette

History was made earlier this year when dietitians in South Africa were listed as service providers to patients that are admitted for injury on duty (IOD) in the Government Gazette as from 1 April 2022. The process started in 2014 when private practicing dietitians scheduled a meeting at the Department of Labour to present the role of the dietitian when treating the critically ill patient. After the initial appointment, annual appointments were scheduled in an attempt to convince the Workmen's Compensation Commissioner of the crucial role of the dietitian in the treatment, recovery and rehabilitation of patients injured on duty. However, for years, all our attempts failed but we never gave up hope.

Early on in 2021, ADSA became aware of an opportunity to present our case in Parliament at a meeting of the Portfolio Committee on Employment and Labour that was scheduled for 21 April 2021. We sent a request to present our case and we were allocated a time slot! A committee consisting of Mrs Maria Van der Merwe (ADSA President), Alpha Rasekhala (former ADSA Executive Committee member and HPCSA Board member), Ms Anna Lena Du Toit (chief dietitian at Groote Schuur Hospital and SASPEN president), Ms Kgadi Moabelo (Private practicing dietitian) and Mrs Alta Kloppers (ADSA PPD portfolio holder) collaborated to compile a presentation on the role of the dietitian. Our presentation was very well received and thoroughly enjoyed by the Chairperson of the Committee which led to a fairy tale ending with the listing of dietitians as service providers in the Government Gazette as from 1 April 2022.

2. ImpENSA Training Programme

The Improving Early Nutrition and Health in South Africa (ImpENSA) Training Programme was launched on 7 April 2022. This training is aimed at health care professionals to improve knowledge of micronutrient nutrition and behaviour change in the first 1000 days of life. ImpENSA is a multicentre, capacity-building collaboration of nutrition and behaviour change experts from:

• North-West University

• Stellenbosch University

• University of Cape Town

• Ludwig-Maximilians-Universität Munich

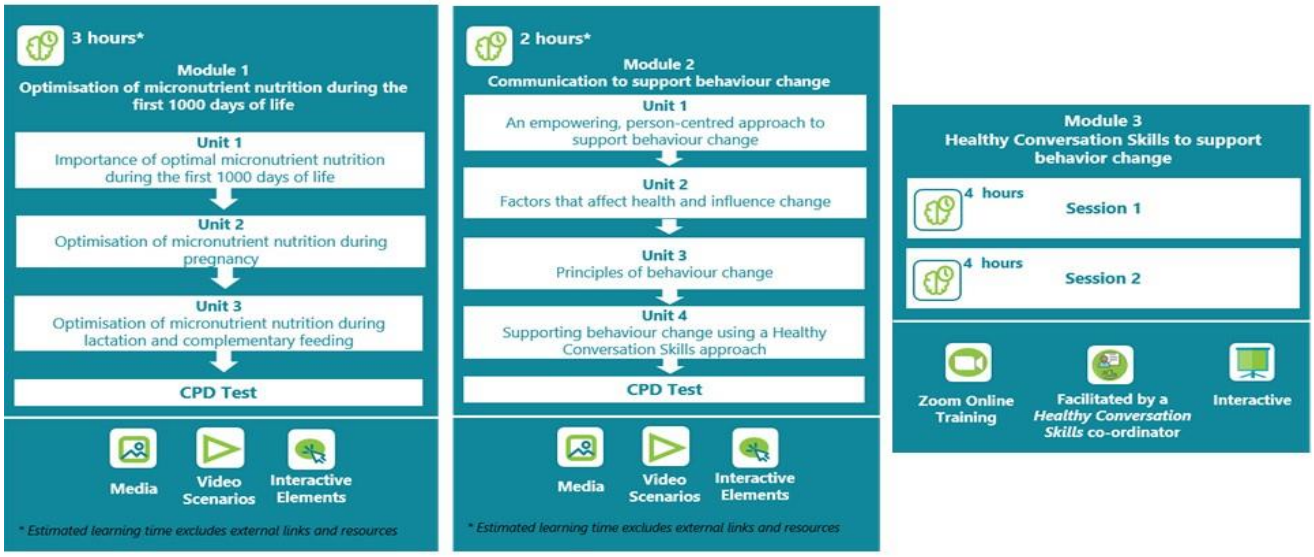
• University of Southampton

• Medical University of Warsaw

• Association for Dietetics in South Africa

• Nutrition Society of South Africa

The ImpENSA Training Programme comprises two knowledge-based online modules and one skills-based virtual module.



For more information about the modules, visit the e-learning platform:

- https://enea.med.lmu.de/course/index.php?categoryid=60
- info@impensa.co.za
- www.early-nutrition.org/impensa
- YouTube: ImpENSA
- @EarlyNutrition #ImpENSA

Awards/Grants

Academy of Nutrition and Dietetics Foundation

Wimpfheimer-Guggenheim Resource Grant for International Dietitians

The Academy of Nutrition and Dietetics Foundation is offering a new opportunity for international dietitians to apply for funding for resources from the Academy to support your nutrition and dietetics practice. Eligibility requirements include having the registered dietitian nutritionist credential or equivalent in the applicant's home country. The application is open year-round and the grant will be awarded on a quarterly basis. To apply and learn more, please see the application.

First International Nutritionist/Dietitian (FIND) Fellowship for Study in the USA

This award, administered by the Academy of Nutrition and Dietetics Foundation, is given annually to assist a foreign national pursuing postgraduate work in the United States. To date, this fellowship has been given to students representing 21 nations. Please join us in congratulating the 2022 recipients:

- Grace Adegoye has a professional background in Environmental Health with eight years of experience. Grace is pursuing a PhD at Mississippi State University where her dissertation centers around improving nutrition and food safety knowledge of food processors in Nigeria. Grace is a registered/licensed environmental health officer in Nigeria who has utilized her expertise to create low literacy educational material on nutrition and food safety for women in low-income countries.
- Zhijun Chen is completing her dietetic internship at Cornell University and will be pursuing a PhD in behavioral nutrition at Columbia University. With the Chinese Nutrition Society, Zhijun organized a three-day nutrition education practicum to enhance registered dietitians' critical thinking and reinforce evidence-based practices. Zhijun aspires to generate evidence-based practices to inform practice and policy.

Academy of Nutrition and Dietetics Foundation Wimpfheimer-Guggenheim ICDA Welcome Fund

This welcome fund provides financial support to new ICDA members. Contact Nicci Brown at nbrown@eatright.org for information.

Announcements & Calendar of Events

- NDAs are requested to encourage its members to follow and promote the ICDA LinkedIn page: ICDA – International Confederation of Dietetic Associations, at https://www.linkedin.com/company/internationaldietetics/

  If you have not already done so, please send a short description of your NDA (about 150-200 words in your language but also in English) that includes your organization's name, mission, and contact information, your logo (with your approval to post that the logo). You can also include a written quote from your organization's President or a designated leader. We will be featuring NDAs on the LinkedIn page. Please send the information to ICDAsocialmedia@gmail.com

  Share your news on social media. Send the information to ICDAsocialmedia@gmail.com Please allow approximately one week for posting.

- The Sustainable Food Systems (SFS) project awarded it's first grants and will be making calls for more submissions. ICDA member Nutrition and Dietetics Associations (NDAs) can apply for a $1,000 USD grant to contribute to, and benefit from the ICDA Sustainable Food Systems Toolkit. The next deadline for applications is September 15th, 2022. The grants aim to:

  - Increase diversity of perspectives, languages, and cultures shared in the ICDA SFS Toolkit
  - Spread sustainability (see SFS Learning Modules –
  - https://icdasustainability.org/professional-development/learning-modules/
  - Maximize participation and learning among your NDA members
  - Produce new tools and/or learning from the ICDS SFS Toolkit
  - Increase sharing on solutions and practical implementation for a wide variety of Dietitian-Nutritionists

- Australia, Spain, and Germany have been awarded a grant to revise and expand the Eco-Friendly Food Challenge. Read more details and download the criteria and application forms at: https://icdasustainability.org/professional-development/nda-sustainability-grants%EF%BF%BC/

- ICDA is working on updating the ICDA website. There may be a few formatting edits related to the newsletter, DNAW but the content will remain the same

THE CALL FOR ABSTRACTS IS OPEN

SUBMIT ONLINE: WWW.NUTRITIONCONGRESS.CO.ZA • **DEADLINE:** 1 SEPTEMBER 2022

ABSTRACT SUB-THEMES

1. Communicable / Infectious Diseases: Etiology, Prevention and Management (TB / HIV / COVID)
2. Non-Communicable Diseases: Etiology, Prevention and Management
3. Ethics and Leadership for Nutrition
4. Food and Nutrition Security (Including Indigenous Foods)
5. Food Service Management
6. Life Course Nutrition (Maternal Infant and Young Child Nutrition / Developmental Origins of Health and Disease / Adolescent / Adult / Elderly)
7. Media / Communication / Advocacy for Nutrition (Including Leveraging for Financial Resources to Support Scale-Up)
8. Medical / Nutrition Therapy (Microbiome / Renal / ICU / Paediatric / Oncology / Mental Health / Disability / Special Needs)
9. Nutrigenetics and Nutrition-Omics (Genomics, Transcriptomics, Proteomics and Metabolomics)
10. Nutrition (Specific / Sensitive) Interventions / Programming
11. Nutrition and Sustainable Development Goals
12. Nutrition Education and Behaviour Change (New tools / Innovative Approaches)
13. Nutrition-Related Policy / Regulation / Legislation
14. Obesity: Etiology, Prevention and Management
15. Research Methodologies for Nutrition (E.g. Dietary Assessment Methodologies; Design Thinking etc.)
16. Severe Acute Malnutrition (SAM) / Moderate Acute Malnutrition (MAM) / Nutrition in Emergencies
17. Sport Nutrition and Physical Activity
18. Sustainable Food Systems (Including Environmental Factors; Industry Response to the Changing Food Environment)
19. The New Nutrition Professional in South Africa - the dietitian-nutritionist (Training / Regulations / Continuous Professional Development)

CONGRESS FEES:

REGISTRATION:	EARLY Register & Pay by Thurs 1 Dec 2022	LATE Register & Pay From Fri 2 Dec 2022

Members of ADSA or NSSA:

Full Registration	R 3 400.00	R 4 100.00
Day Registration (Per day)	R 1 950.00	
Students (Full-time, non-earning students)	R 2 200.00	

Non-Members:

Full Registration	R 5 200.00	R 5 900.00
Day Registration (Per day)	R 2 500.00	
Students (Full-time, non-earning students)	R 2 200.00	

FOR MORE INFORMATION CONTACT:

Conference Partner
Tanya Schmidt - tanya@confpartner.co.za

2023 NUTRITION CONGRESS

28th Congress of the Nutrition Society of South Africa (NSSA)
16th Congress of the Association for Dietetics in South Africa (ADSA)

THE NUTRITION SOCIETY OF SOUTH AFRICA NSSA

ADSA ASSOCIATION FOR DIETETICS IN SOUTH AFRICA

All information can be found at: **www.nutritioncongress.co.za**