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Feature Article

Research Agenda for Dietetics in the Netherlands for the Preparation of A Multi-Year Research Program for Professional Groups in the Country

Nutrition plays an essential role in prevention and treatment of a large number of diseases. Moreover, with the use of the right diet, socio-economic health differences can be reduced to a large extent. Despite the importance of nutrition in prevention and as (support for) the treatment of diseases, the positive contribution of nutrition is often underestimated by doctors and policy makers.

Dietitians are experts in the field of nutrition and behaviour in relation to disease and health. It is also clear that there is a great need for more research and for (new) developments within the field of dietetics. To determine the need for such research, the Dutch Association of Dietitians (NVD) made an inventory of knowledge gaps in dietetics by literature search and collecting questions from dietitians, clients and a broad spectrum of stakeholders.

Almost 200 knowledge gaps were formulated. These knowledge gaps formed the basis for 21 research questions. The research questions were formulated in such a way that they are applicable to many conditions and cover various knowledge gaps.

The research questions are based on inventory and prioritization of knowledge gaps and subdivided into seven categories. Examples of such research questions according to category are as shown:

1. Diagnostics
   What is the most suitable method for measuring and monitoring body composition and / or nutritional status in a specific client/ group in dietetics practice?
2. Intervention
   How can a nutritional / dietary intervention optimally match the self-reliance and behavioural change of the client (patient- centred care, self-management, health literacy, positive health aspects)?
3. Evaluation

What are the most important data (both hard endpoints and quality of life) per disease / dietary treatment to record in a standardized way, so that the results of the (preventive) intervention by the dietitian can be visualised?

4. Prevention
   In what way and at what moment can the expertise of dietitians (better) be embedded to limit threatening health loss and a high burden of disease from the perspective of prevention?
5. Interprofessional cooperation and substitution
   What is the added value of combining an intervention by dietitians with an intervention by other professionals allied to healthcare in various disorders?
6. Technology and innovation
   What is the applicability and added value of new technology in the diagnosis, treatment and evaluation by dietitians?
7. Knowledge and data infrastructure
   How can we set up a knowledge and data infrastructure in the field of dietetics to achieve sustainable and (cost) effective data collection and knowledge exchange for the development and substantiation of a quality system?

The first three categories (diagnostics, intervention, evaluation) include the methodical process of the dietitian as a care provider. We added the category 'prevention' because dietetics is also important in public health. In addition to these categories, developments affecting the work of dietitians, such as interprofessional collaboration, possibilities of substitution and innovation, research questions are presented in separate categories. The need for an overview and exchange of research in the field of dietetics has led to the category 'knowledge and data infrastructure'.

This is the first research agenda in dietetics in Europe. A wide range of knowledge gaps emerged from the inventory of dietitians, researchers, stakeholders and clients. It is evident that there is a great need for research in the field of dietetics.

Scientific research provides evidence for dietetic care. For care that matters, care that is patient-oriented and where the quality of life is paramount. The research agenda offers a valuable document for the professional group. It is a good basis to organise the research that supports daily practice.

This research agenda is a dynamic document. New developments and results from research will lead to modification of knowledge gaps, research questions

and prioritization. We will search for a form to make this a useful digital instrument.
In the Netherlands, this research agenda, together with the research agendas of other professionals allied to health care, will be used for the preparation of a multi-year research program for these professional groups.
We invite Dietetic Associations to take note of this research agenda and to investigate the similarities and differences. This offers opportunities to cooperate on the international level in the field of research within dietetics.
Marieke Plas, Wineke Remijnse worked in collaboration with a core group of Professors and Researchers in dietetics from the four Universities of Applied Sciences that offer education in dietetics in Netherlands:
Dr. Marian de van der Schueren, Professor, HAN University of Applied Sciences
Dr. Elke Naumann, Associate Professor, HAN University of Applied Sciences
Dr. Harriët Jager-Wittenaar, Professor Hanze, University of Applied Sciences
Dr. Jacqueline Langius, Head Research Centre The Hague, University of Applied Sciences
Dr. Michael Tieland, Researcher Amsterdam University of Applied Sciences.

Wineke Remijnse
The Netherlands - Dutch Association of Dietitians

ICDA Board of Directors

Article from the ICDA Board of Directors

Practice Trends Survey of ICDA Member Countries

ICDA undertook a survey to collect information about the work settings of Dietitian-Nutritionists in member countries. Nearly 50% of the member countries responded to the survey.
Here are the highlights of the survey findings:

- There has been an increase in the number of Dietitian-Nutritionists working in the member countries in the last five years.
- The greatest increase has been in private practice/business/entrepreneurship (91%), followed by practitioners in public health, and clinical practice in primary care and hospitals ((all > 50%). Food service and home care have also seen an upward trend.
- Focus areas that have seen a tremendous increase are obesity, wellness, chronic diseases (more than 75%), malnutrition, integrative nutrition and policy (between 60% and 70%).
- Funding for education or the scope of practice doesn't seem to have had an impact on the Dietitian-Nutritionists in many member countries.

However, many of the members say that increased need for education and skills by practitioners, and government support (or the lack of it) for nutrition related programs have had an impact on the Dietitian-Nutritionists.

- 75% of the respondents said that Dietitian-Nutritionists in their respective countries are becoming entrepreneurs, which has had a positive impact on practice in majority of the cases. Examples of positive impact are creation of job opportunities, increased recognition, better social media access, etc. Some of the negative outcomes mentioned are weakening of the clinical practice and lack of business management skills.
- Most of the respondents said that the use of social media in the work of Dietitian-Nutritionists has increased in their country with a positive impact. While this change has brought in greater visibility, there's also a greater amount of misinformation spread through social media by unqualified persons. Usage of social media has improved communication within the fraternity.
- Employment opportunity, politics, competition, market (lay persons) confusion and technology came as top reasons affecting the practice and the profession.

The survey was led by ICDA Board Members, Judith Rodriguez and Carole Middleton.

Information and Reminders

International Congress of Dietetics (ICD), 2020
The Association for Dietetics in South Africa (ADSA) is the professional organization for registered dietitians in South African. With 11 branches around the country, the aims of the association are to serve the interests of dietitians in South Africa and promote the nutritional well-being of the community.

ADSA is proud to host the **International Congress of Dietetics (ICD),** 15 – 18 September 2020 in the beautiful city of Cape Town. This is the first ICDA congress to be held on the African continent and ADSA promises to offer an unforgettable experience.

Member country representatives are urged to assist in communicating information of the congress to their association members and equally share with colleagues and students in the field.

The above web banner is for distribution on social media, websites, academic journals, and as part of newsletters and other communication, in both PDF and JPG format.

Submissions for abstracts opened in April 2019. Like ICD 2020 Cape Town on Facebook, Instagram and Twitter for regular updates and more information on ICD 2020, or go to http://www.icda2020.com/.

Monique Piderit

Bsc (Wits),M. Dietetics (UP)

MARKETING COMMITTEE FOR ICD 2020

IMPROVING NUTRITION | UNLOCKING POTENTIAL | ACCELERATING CHANGE

ICD 2020

15-18 SEPTEMBER 2020

CAPE TOWN

ABSTRACTS OPEN FROM END APRIL 2019

www.icda2020.com

REGISTRATION OPENS SEPTEMBER 2019

ADSA and NSSA members (early bird): R 4700* | Non ADSA and NSSA members: R 5500*

KEYNOTE SPEAKERS

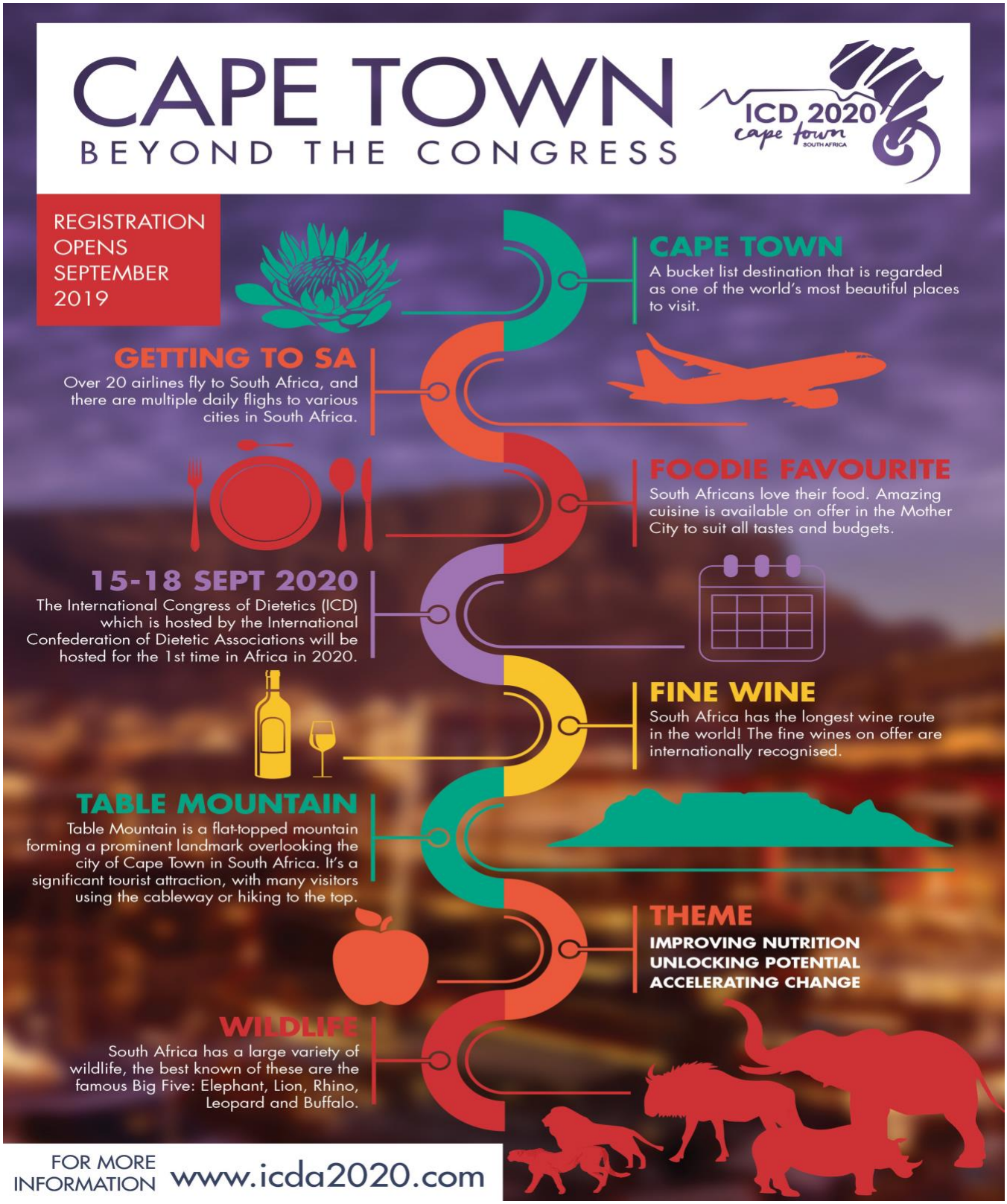
DR STUART GILLESPIE

Senior Research Fellow with the Poverty, Health and Nutrition Division of the IFPRI, CEO of the Transform Nutrition Research Program Consortium, Research Director of the Leveraging Agriculture for Nutrition in South Asia (LANSA) consortium, and leader of the SPEAR flagship (Supporting Policies, Programs and Enabling Action through Research) of the Agriculture for Nutrition and Health (A4NH) research program. Stuart has a PhD in Human Nutrition from the London School of Hygiene and Tropical Medicine (1988). Prior to joining IFPRI in 1999, he worked with UNICEF, World Bank, WFP, FAO, WHO, UNSCN, ADB, Micronutrient Initiative and other agencies on nutrition policy analysis and program support. With IFPRI he initiated the Regional Network on AIDS, Livelihoods and Food Security (RENEWAL), the CGIAR's Agriculture and Health Research Platform (AHRP), the TANDI project and Stories of Change in Nutrition.

PROF CORINNA HAWKES

Director of the Centre for Food Policy, City University of London, her work aims to effectively improve the quality of diets globally. An advisor to governments, international agencies & NGO's her work focuses on all forms of diet-related ill-health (obesity, malnutrition and non-communicable disease), currently focusing on obesity prevention. In 2018 Corinna was appointed to serve as Vice Chair of the London Child Obesity Taskforce. Corinna serves on a variety of international initiatives including: Co-Chair of the Independent Expert Group of the Global Nutrition Report, Co-Chair of the World Economic Forum's Global Future Council on Agriculture & Food Security, London Food Board, Lancet Commission on Obesity, the EAT-Lancet Commission on Sustainable Food Systems, advisor to Bloomberg Philanthropies Obesity Program & Scientific Advisory Council of Healthy Food America. In 2008 she chaired the WHO Expert Group on Marketing Food & Non-alcoholic Beverages to Children. In 2010 she was co-chair of the Pan American Health Organizations Expert Group on Food Marketing to children.

*Excludes gala dinner, welcome event and workshops.


CAPE TOWN
BEYOND THE CONGRESS
ICD 2020
cape town
SOUTH AFRICA
REGISTRATION OPENS SEPTEMBER 2019
CAPE TOWN
A bucket list destination that is regarded as one of the world's most beautiful places to visit.
GETTING TO SA
Over 20 airlines fly to South Africa, and there are multiple daily flighs to various cities in South Africa.
FOODIE FAVOURITE
South Africans love their food. Amazing cuisine is available on offer in the Mother City to suit all tastes and budgets.
15-18 SEPT 2020
The International Congress of Dietetics (ICD) which is hosted by the International Confederation of Dietetic Associations will be hosted for the 1st time in Africa in 2020.
FINE WINE
South Africa has the longest wine route in the world! The fine wines on offer are internationally recognised.
TABLE MOUNTAIN
Table Mountain is a flat-topped mountain forming a prominent landmark overlooking the city of Cape Town in South Africa. It's a significant tourist attraction, with many visitors using the cableway or hiking to the top.
THEME
IMPROVING NUTRITION
UNLOCKING POTENTIAL
ACCELERATING CHANGE
WILDLIFE
South Africa has a large variety of wildlife, the best known of these are the famous Big Five: Elephant, Lion, Rhino, Leopard and Buffalo.
FOR MORE INFORMATION
www.icda2020.com

National Dietetic Association Reports

Country – Ireland

The Irish Nutrition and Dietetic Institute (INDI) celebrates 60th anniversary in Dublin.

Pictures at the event are (From L to R): Mary Moloney, Retired Course Director, Human Nutrition and Dietetics Undergraduate degree, DIT Dublin; Sarah Keogh, Freelance Dietitian and member of INDI Senior management team and Jessica Lee, student dietitian.

On the Occasion of its 60th anniversary celebrations, the INDI hosted an event for members and guests in the Royal Irish Academy on Dawson Street in Dublin in October 2018. Over 100 dietitians and students gathered to celebrate the growth of the profession in Ireland to the current almost 900 dietitians working in hospitals, industry, research, industry and private practice.

INDI was delighted that Prof Mary McCarron, Dean, Faculty of Health Sciences, Trinity College Dublin, principal investigator, IDS-TILDA, director, Trinity Centre for Ageing and Intellectual Disability, attended and gave the keynote address. The theme of the anniversary year is 'Women in Science' so it was particularly apt that a woman with such a distinguished career clinically, scientifically and academically should agree to share her experiences with INDI members. In Ireland, over 96% of dietitians are female – a very poor balance which we hope more male students entering the profession will help to change.
As the first female Dean of Health Sciences in Trinity College, Dublin, Professor Mc Carron stressed the importance of remaining focussed on developing one's own profession and being the change that you want to see.
She presented some sobering statistics in relation to gender inequality in science and academia. These demonstrated that despite policies to promote equality, large gender gaps in senior levels of Irish academia remain. While there are similar numbers of men and women in academia, only 20% of senior professorial post are occupied by women and there has never been a female university president in Ireland.
Richelle Flanagan, former INDI board member and current board member of the Coeliac Society of Ireland, was also awarded Honorary membership of INDI at the event.

Country - USA

News from the Academy of Nutrition and Dietetic

No matter where you live, access to nutrition and dietetics research, information and networking through the Academy of Nutrition and Dietetics is available at your fingertips at www.eatrightPRO.org. The Academy has developed a Global Evidence Based Nutrition Care Process (NCP) Train-the-Trainer program to address the need for high quality NCP training around the globe that weaves in evidence-based recommendations.

Nutrition Care Process

The Nutrition Care Process (NCP) has been adopted by dietitians around the world as a framework for practice and documentation for over ten years since the Academy of Nutrition and Dietetics' first launch. In addition, the recently updated *eNCPT: Nutrition Care Process Terminology Reference Manual* is available in a variety of language translations. The implementation of the NCP

has been growing with information around the world highlighting the needs for standardized NCP training that goes beyond the competencies achieved during university education. Along with the advancement of the NCP, the Academy has also been invested since 2004 through the Evidence Analysis Library in developing Evidence Based Nutrition Guidelines. The EAL guidelines reflect the weight of the evidence that dietitians should be using in their practice. There is a multitude of nutrition related systematic reviews and guidelines that are available online and in peer reviewed publications. In recent years, guidelines have been developed in collaboration with international stakeholder organizations and with active patient representation. To address the need for high quality NCP training that weaves in evidence-based recommendations, the Academy has developed a Global Evidence Based NCP Train-the-Trainer program. The aim is to build capacity with certified trainers to provide NCP trainings around the globe. For more information on state of the art Evidence Based NCP workshops, please contact ncp@eatright.org.

The following additional information and networking is available through the Academy.

Evidence Analysis Library®
This web-based research database can help you find answers, research articles and evidence-based nutrition practice guidelines to help you get ahead in your research or your assignments.

Journal of the Academy of Nutrition and Dietetics
This monthly, peer-reviewed *Journal* presents original articles prepared by researchers and practitioners and can beaccessed online as well as through iOS and Android apps.

News from International Affiliate of The Academy of Nutrition and Dietetics (IAAND)

The IAAND is an affiliate of the Academy of Nutrition and Dietetics focusing specifically on Academy members who live and work outside the United States.

Country Representative (CR) Program
One of the unique features of the IAAND is the Country Representative (CR) program. It is important to have a way for reaching out and getting feedback regarding the cultural and practice differences between countries and identifying local members' professional interests and needs. A volunteer is appointed to be the Country Representative. One of the major contributions of

the Country Representatives is the development of a "country information sheet" which is posted on IAAND's website (https://eatrightinternational.org/nonmemberproducts/).

The country information sheets include the following information:

- National Dietetic Associations
- National Nutrition Programs and Projects
- Organizations working on Health and Nutrition
- Training /Education of Dietitians
- Description of the National Healthcare System and Practice
- Employment Opportunities Profile
- Obtaining Work Permits
- Local Food Customs and Culture
- Volunteer opportunities

IAAND also has other benefits such as the IAAND Project Award (click here for details), the Middle East Dietetics Needs Assessment (MEDNA) project (both funded through the Academy Foundation), providing support for an Academy Diversity project - "Tip Sheets for Assessing Food and Nutrition History of Diverse Populations", and Kids Eatright International. For more information, please visit the IAAND website at https://eatrightinternational.org/ and click on IAAND Initiatives.
Apply for Academy membership by completing an **International Membership Application** and **International Verification Form** and returning it to the Academy with payment.

Country – India

News from the Indian Dietetic Association (IDA)

Winning the bid for ACD 2026
In a toughly fought contest, IDA clinched the bid to host the Asian Congress of Dietetics (ACD) in 2026, based on the presentation made by our members at the ACD 2018 Hong Kong meeting. This is the first time that IDA won the bid to host this prestigious event.

Position Paper on Fiber
Considering the important role that fiber plays both in the prevention of chronic diseases, as well as in treatment, as an adjunct, IDA took on the task of bringing out its first Position Paper entitled 'Dietary Fibre and Health' in

December 2018. This Position Paper shall serve as a valuable resource for dietetic professionals and academics. The Position paper is available on the official IDA website www.idaindia.com

Allied Healthcare Professionals Bill

In a very significant step, the Allied Healthcare Professionals Bill 2018 was introduced and passed by the Upper House (Rajya Sabha) of the Indian Parliament. This bill aims to regulate and maintain standards of education and practice for Health Care Professionals (HCP). Currently the dietetics practice in our country falls in the unregulated sector which gives space for quackery and misleading information being perpetuated. This important step will lead to authentic and professional practice of nutrition and dietetics in our country.

IDACON 2018

The 51st Annual Conference of the Association (IDACON 2018) was organized in the city of Indore in the month of October. The conference saw the involvement of dietetic professionals and academics from all over the country. The policy makers of our country also participated in this conference which was a step towards the integration of dietitians into policy making forums.

Highlights from IDA state chapters

The 24 state level chapters of IDA held programs through the year both in the realm of public health and clinical practice. This included the Dietetics Day celebrated on the 10th of January and the theme for 2019 was 'Anemia Mukt Bharat' which translates as 'Anemia-free India.'

Swasth Bharat Yatra

The Swasth Bharat Yatra, a pan India cycle rally, was a nationwide campaign initiated by FSSAI (Food Safety & Standards Authority of India), India's Food Safety regulator. IDA was a professional partner and an important stakeholder in this campaign. The theme of the movement was 'Eat Right India' -so as to get people to eat healthy, eat safe, eat fortified and to minimize food waste. The basic philosophy of this movement stems from Mahatma Gandhi's teachings that health is real wealth. The various chapters of IDA participated actively to spread awareness throughout the country.Likewise, at the Eat Right Mela (Festival), IDA was one of the professional partner organizations and conducted nutrition and wellnessquiz for the large audience.

Key participant of a national initiative by FSSAI

IDA has been invited by FSSAI to participate and lend its weight to the national campaign which would help people of India eat right and stay healthy. The

initiative titled NetProFan (Network of Professionals in Food and Nutrition) brings together 6 national level associations which met on 23rd March 2019 to chart the way forward.

Media and Communications

Besides the IDA journal, *JIDA*(Journal of The Indian Dietetic Association), IDA's official website, bi-annual newsletter, Facebook page have helped IDA gain better visibility around the world.

New Executive team takes charge Jan 2019 - December 2021

The elections for the national executive committee of IDA was conducted successfully and the new team has taken over in 2019 January for a period of 3 years.

Media & Communications Committee

Country – Hungary

News from Hungarian Dietetic Association

Nutrition and Hydration Week,

We celebrated our 5th Nutrition & Hydration Week this year. We have so many special memories, our very first tea party was in a nursing home and in the afternoon, at the Institute for Adult Blind People. In the past few years, our message reached every generation, old and young.
This time, we decided to focus all of our resources on a Facebook campaign in order to maximize the outreach of the project and therefore, had only a small tea party in our own office. On the week commencing 11th March we posted every day on our Facebook page, creating 6 eye-catching posters on different topics about importance of nutrition and hydration. Please find them below in Hungarian. In addition we sent out a press release about our Nutrition & HydrationWeek on the7th of March.
Campaign results:

- Press release: reached: 1,5 mio+; PR value: 25,400+ GBP
- Fb communication: reached: 537,000 +; number of followers of the HDA's
- Fb pagehttps://www.facebook.com/teritekenazegeszseg/ has increasedby 3,000

Key messages and visuals:

Fig. 1: We promoted dietitians.

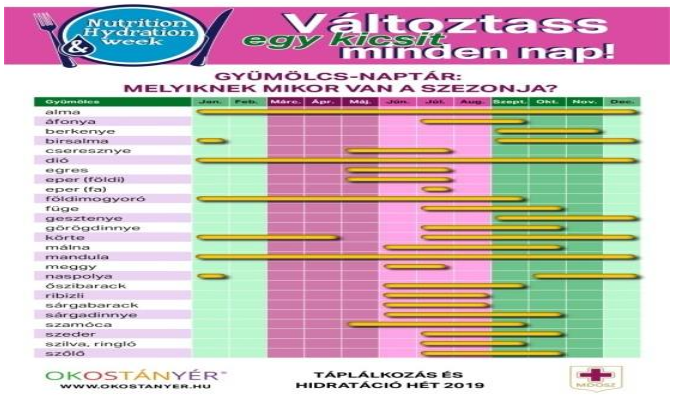


Fig 2: Fruit Calendar around the year

61% of people surveyed know who a dietitian is, but only 21% seek their advice.

How to get 4 daily servings of fruit a& vegs: (according to Hungarian recommendations) - only 5 % of the population managing to meet the target.

Fig. 3: Tea Party at the Hungarian Dietetic Association

Keep hydrated Stay Hydrated:

Fig.4: Swap your food or drink and improve your diet: 10 tips on how to cut

Based on our survey the fluid intake in 4 out 10 adults is insufficient.

Fig. 5: Use herbs and spices, widen your knowledge about them:
Be a master chef and reduce your salt intake

Fig. 6: Enjoy your vegetables: Veggie cooking time to boil, steam or microwave

Fig. 7: Portion size guide for a balanced diet

It was a great experience to have taken part in Nutrition and Hydration Week in 2019. We hope to see you again next year.

Jolán Kubányi
President

Country – Australia

News from Dietitians Association of Australia

We've been busy at the Dietitians Association of Australia!
We welcomed our new CEO Robert Hunt last year and one of the many positive changes he has overseen is an increased focus on advocacy. Recent activity in this space includes:

Calling for a National Nutrition Policy
Australia has not updated our National Nutrition Policy in over 26 years and as Australia's health has deteriorated, it's time to call for change!
Our annual Smart Eating Week in February coincided with the countdown to Australia's Federal Election. We hosted a breakfast for key representatives and decision makers in Australia's health sector at Parliament House to launch the week and also our 'Nourish not Neglect' report. This report details the social and economic costs of poor nutrition to our society and outlines the proactive steps required to make a new National Nutrition Policy a reality.
Following on from Smart Eating Week, we released our Election Statement 'Nutrition Should Feed the Federal Election'. The statement outlined our key priorities for all political parties and the future government to address to nourish the nation.

As part of Smart Eating Week and our Election Campaign, we encouraged members to join our advocacy efforts at a local level, and provided a letter they could submit to their local Federal Member of Parliament, calling for a new National Nutrition Policy. Nearly 300 members joined the call to action.
We were thrilled that two of the three major political parties in Australia committed to funding national preventative health strategies, that include addressing obesity. The current elected government has announced plans to develop a National Preventive Health Strategy.
Access 'Nourish not Neglect' and 'Nutrition Should Feed the Federal Election' from our website

Aged Care Royal Commission

In Australia, the Royal Commission into Aged Care Quality and Safety is currently underway. From providing a submission, DAA has been called as a witness to the Royal Commissionhearing in Cairns. This hearing will focus on aspects of residential, home and flexible aged care programs, including nutrition and hydration. Read the DAA Submission here.:

Country – Japan

News from Japan Dietetic Association

Preparing the Dietary Environment Required for the Tokyo 2020

The Japanese era name has changed to Reiwa, and we are now faced with the start of the Tokyo 2020. In March, the design of the theme of the Olympic Torch relay was finalized as "Cherry" (Sakura in Japanese), and preparations are underway in a variety of fields for the start of the events scheduled to begin in a year.

In regard to the dietary environment, at a meeting concerning the related dietary and nutrition matters, the Tokyo 2020 Organizing Committee has appointed a member of the Board of the Japan Dietetic Association (the present writer) as the JASA Sports Dietitian and member of the committee and is fully engaged in promoting the preparations related to the dietary environment required for the games.

In regard to providing food and drinks to athletes, it goes without mentioning the importance of safety and hygiene, and of course it is also essential to consider the necessity to meet the various needs of the contestants. Considering the wide variety of religious factors and food-related customs, the Tokyo 2020 Organizing Committee planned three (3) separate series of meetings in order to conduct the preparations related to the dietary environment required for the games, The first of these series of meetings

determined "Fundamental Principles for the Sustainable Sourcing Code" for farm produce, marine products, and stock farm products. The second series comprised of meetings that drew up a "Basic Strategy for Food and Beverage Services" designed to provide a basic concept for the provision of food and drinks to athletes during the Tokyo 2020. The first two of these series of meetings have already been conducted, and the items discussed have been determined. The third series of meetings is underway at present, conducted by the Food Strategy Advisory Group, with discussions centered on the policies related to the menu for the diet to be offered to the athletes during the Tokyo 2020. Thus, the preparations for start of the games are well underway at present.

Please take the time required to understand the various projects being conducted by the Tokyo 2020 Organizing Committee (https://tokyo2020.org/en/). In preparation for the opening of the games, the Japan Dietetic Association will work closely with the committee on all aspects related to diet and nutrition, so that the athletes can perform at their best during all of the events.

We sincerely hope you all can attend the Rugby World Cup this year as well as the Tokyo 2020 next year. We would like to convey the many unique attractions here in Japan to everyone all around the world, so please come and visit us during the Tokyo 2020!

Shihoko Suzuki
Vice President of the Japan Dietetic Association

Awards/Grants

Academy of Nutrition and Dietetics Foundation Wimpfheimer-Guggenheim ICDA Welcome Fund

The Academy of Nutrition and Dietetics Foundation Wimpfheimer-Guggenheim ICDA Welcome fund provides financial support to new ICDA members. Contact Nicci Brown at nbrown@eatright.org for information.

Academy of Nutrition and Dietetics Foundation Competitive Essay Award of the Wimpfheimer-Guggenheim Fund for International Exchange in Nutrition, Dietetics and Management

The Academy of Nutrition and Dietetics Foundation Competitive Essay Award of the Wimpfheimer-Guggenheim Fund for International Exchange in Nutrition, Dietetics and Management supports an annual essay contest. The 2019 essay topic wasto describe dietitian engagement in sustainable nutrition outreach in developing countries.
One winner and one runner-up were awarded:

- First Prize: Laurie Sauerwein, MS, MScPH, RDN, "Cameroon: An Exemplary Nutrition Program Scalable in Low and Middle Income Countries"
- Runner-Up: Peggy C. Papathakis, PhD, RD, "The Past and Future of Dietetics Education in Malawi: A Model of Collaboration for Other Countries Building Dietetics Practitioners"

To read winning essays, visit the Academy Foundation's website.

First International Nutritionist/Dietitian (FIND) Fellowship for Study in the USA

The First International Nutritionist/Dietitian (FIND) Fellowship for Study in the USA, awarded by the Academy of Nutrition and Dietetics Foundation, is given to assist a foreign national who is pursuing postgraduate work in the USA and has a clearly articulated plan to return to his/her country. The fellowship has been bestowed to students representing 19 countries.
Congratulations to the 2019 winner Khawlah Al-Muhanna, MS, RDN, who is studying at The Ohio State University. Khawlah plans to return to Saudia Arabia to work in the King Saud Bin Abdulaziz University for Health Sciences.

International Nutrition and Dietetics Education and Practice Program

The Academy of Nutrition and Dietetics Foundation (Foundation) continually looks to pursue opportunities that engage and promote collaboration with members of the nutrition and dietetics international community. In spring 2019, the Foundation, through the Wimpfheimer-Guggenheim Fund for International Exchange in Nutrition, Dietetics and Management, commenced a pilot project to bring Nathalie Neumann, an international, German dietetics student at Hochschule Fulda - University of Applied Science, to the United States for a five-and-a-half week learning opportunity. The Foundation partnered with the dietetic internship programs at Iowa State University and Oregon Health and Science University to provide a variety of educational experiences in clinical dietetics, legislation/policy, research, food service, food retail, school nutrition services, and community nutrition. As Nathalie learned about dietetics in America, she also taught those around her about European and German dietetics practice. Ultimately, this pilot program provided an example of successful collaboration among the global dietetics community.

Nathalie Neumann, an international, German dietetics student at Hochschule Fulda - University of Applied Science: Offered a five-and-a-half week learning opportunity in the United States.

Resources

Release of Clinical Dietetics Manual

At IDACON 2018, IDA released the 2nd edition of its Clinical Dietetics Manual which serves as a handbook for practicing dietitians and dietetics students covering the recent advances in MNT in the management of disease conditions.

Announcements & Calendar of Events

Annual Conference of the Indian Dietetic Association - IDACON2019
Theme : Exploring Frontiers, Empowering Nutrition, Enriching Lives
December 19 to 21, 2019
Venue : The Forum, Club O7, RoadShela, Off Sardar Patel Ring Road, Ahmedabad 380058
Contact person – Ms Rima Rao, Phone - +91 9879573753
Website :www.idacon2019.com

Dietitians Association of Australia 36th National Conference

MORE THAN MEETS THE EYE
Dietitians Association of Australia 36th National Conference
Gold Coast, 12-14 August 2019

We're looking forward to hosting more than 700 dietitians from around Australia and overseas on the sunny Gold Coast, 12 – 14 August 2019.
The conference will focus on key issues surrounding indigenous health, mental health from nutrition and dietetics perspectives, and the nutritional issues of children – our future! Other themes will encompass the challenges of clinical and professional practice as we approach the next decade.
Research and practice will be presented in novel and innovative ways, including themed sessions, open forums, panel discussions, Pecha Kucha, and more.
We have a number of networking opportunities available, including the Welcome Cocktail Reception, Conference Dinner and Interest Group meetings for a range of practice areas.
Queensland is beautiful one day, perfect the next - come for the conference and stay for a holiday!
Check out the program and find out more about the Gold Coast via daa2019.com.au

8TH Asian Congress of Dietetics (ACD)

Date: 19-21ST August, 2022.

Theme: Realising a Sustainable Healthy Society for a Bright Future in Asia: Responding to Modern Problems and Confusion in Nutrition Information.

Venue: PACIFICO, Yokohama, Kanagama, Japan

Email: acd2020@dietitian.org.jp

EFAD The European Federation of the Associations of Dietitians
THE VOICE OF EUROPEAN DIETETICS
NEWSFLASH

The voice of European Dietetics

Welcome to your fortnightly EFAD Newsflash - please share this important update with your colleagues and ask them to subscribe

We know that your dietetic associations are changing research and patients lives, running successful media campaigns and spreading the hard work of dietitians. We want to share your success stories across Europe by featuring them in this Newsflash.

EFAD Conference

The EFAD Conference will be taking place in Berlin, Germany on 1-2 November 2019. Our programme is now available online, with events including '*how is ESPEN working with EFAD to break professional boundaries?*', '*strategic partnerships to achieve better health for citizens*' and '*interventions in children*'.

Check out the pre-conference programme too - it includes free PEN workshops, an accredited ESPEN nutritional assessment course and an obesity workshop.

Save the date!

Nutrition Day 2019 will take place on 7 November. Nutrition Day is a worldwide initiative to fight malnutrition in health care institutions, through improving knowledge and awareness and enhancing the quality of nutritional care. Hospital wards and nursing homes around the world can participate in a one day cross-sectional audit for free. Find out more and how to get involved.

Save the Date: World Health Summit 2019 in Berlin

Date: October 27-29, 2019

Registration for the World Health Summit 2019 will open in May. In the meantime, mark your calendar and see the growing list of confirmed speakers >. Don't miss out on the lively discussion when over 2,500 experts from 100 countries meet in Berlin to tackle the biggest challenges in global health.