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Feature Article

The XVIIth Congress of Food and Nutrition & 1st International Congress of Food and Nutrition 2018 is a remarkable year for the Portuguese Association of Nutrition, as well as was 2017. In fact, this is the first year in which the renewed institution – now with a technical-scientific focus, presents the Food and Nutrition Congress along with the 1st International Congress of Food and Nutrition. This event was intended to highlight science in a society filled with information.

In a relentless, thrilling and less filtered than ever society of information, professionals from the healthcare, agri-food and other related fields, have the massive responsibility of being the most concrete and reliable source of information for the general population.

Alongside the Scientific Committee, the Organizing Committee used this idea to plan two dynamic days, so that professionals could exchange the most up-to-date and cutting-edge novelties in the Nutrition and Food Sciences.

There was a large participation of international speakers, along with renowned national speakers. This combination contributed to an extraordinary scientific environment of knowledge and experience sharing, which helps bringing progress to our daily practical activities.

This scientific environment was shared with a large attendees group. More than 1750 attendees joined us to listen to the presentations of international and national experts on various topics about nutrition in the information society.

The International Confederation of Dietetic Associations (ICDA) equally held its Annual Meeting for the first time in Portugal. For us, the presence of ICDA members at the event was considered a privilege.

ICDA Board of Directors

News from the ICDA Board of Directors

Dr. Elizabeth Solis Pérez as Member, Board of Directors, ICDA, was present at the Fifth World Health Professions Regulation Conference 2018, organized by the World Health Professions Alliance in Geneva Switzerland. In this important event were discussed perspectives, challenges and opportunities for effectiveness and accountability in health professional regulation. This conference, aimed to "shape the future of health professional regulation in the context of global health systems via multi-disciplinary and multi-stakeholder approaches".

The program in the 2018 Edition was divided into three main plenary sessions during May 19 and 20, from renowned speakers, and panel discussions:

Sessions:

1. A call to set the right standards in regulation
2. Safety, quality and compliance, benefiting patients, communities and populations
3. Supporting the quality of lifelong learning

You can find the presentations of this important conference on
http://www.whpa.org/whpcr2018/presentations.htm

ICD Information and Reminders

International Congress of Dietetics (ICD) - 2020

The next ICD congress will hold in 2020 in South Africa and the Association for Dietetics in South Africa (ADSA) is proud to be the host of this first congress in the African continent. ADSA promises to offer an unforgettable experience in the magnificent city of Cape Town. More information will be available about the congress in due course, so keep an eye out on the congress website: www.icda2020.com.

National Dietetic Association Reports

Country – United States of America

News from Academy of Nutrition and Dietetics

Academy of Nutrition and Dietetics – More Internationally Focused
As part of a more globalized and integrated world, international Dietitians have a growing interest towards collaboration and participation with the Academy. To better serve those interests, the Academy's international chapter recently changed its name to International Affiliate of the Academy of Nutrition and Dietetics (IAAND). Dietitians from 77 countries have joined IAAND, enriching projects, scientific discussions, and sharing their expertise for enhancing the activities performed. Membership in the Academy includes membership in one of 53 local chapters, such as IAAND. No matter where you live, access nutrition and dietetics research, information and networking through the Academy and IAAND. Learn more about resources the Academy offers, including:

Evidence Analysis Library®
This web-based research database can help you find answers, research articles and evidence-based nutrition practice guidelines to help you get ahead in research or assignments.

Nutrition Care Process
This standardized model was established to guide practitioners in providing high quality nutrition care through evidence-based guidelines. In addition, *eNCPT: Nutrition Care Process Terminology Reference Manual* provides terminology and definitions for the nutrition care process guidelines and is available in a variety of language translations.

Journal of the Academy of Nutrition and Dietetics – This monthly, peer-reviewed journal presents original articles prepared by researchers and practitioners and is the most widely read professional publication in the field. Access online as well as through iOS and Android apps.

This is just a sampling of all the Academy and IAAND have to offer. Apply for membership by completing an **International Membership Application** and

International Verification Form and returning it to the Academy with payment. Materials can be found online at: www.eatrightPRO.org/internationalmember.

For more information
Find the Academy of Nutrition and Dietetics at www.eatrightPRO.org/join. Reach us by phone at

+1-312/899-0040, ext. 5000, Weekdays, 8 a.m. – 5 p.m. CST (callers within the US can reach us at 800/877-0040, ext. 5000), or by email at membership@eatright.org.

Joan Schwaba, MS, RDN, LDN

Country – Japan

News from the Japan Dietetic Association

Authorized Nutritional-Care Stations

Recently, in order to ensure that elderly citizens can live out their lives in the local region they are used to and in their own life-style, there has been a growing demand for authorized, comprehensive regional care stations.

From birth until death, humans face the daily necessity for meals. Even if one is aware of the danger of a variety of life-style related diseases, once a person feels that they are healthy, the joy one finds in a self-chosen diet takes precedence and that will often compromise the prevention of those life-style related diseases. First, it is necessary to take the viewpoint of the necessity to grasp and meet the special needs of the local region, as well as that of the local medical and nursing care fields into consideration. It is equally imperative to construct the facilities required by the registered dietitians and dietitians as they work to provide the necessary dietary support, including shopping, economic, and nursing care support, in cooperation with the support provided by the various medical and nursing staff in the local regions, as well as that provided by the local restaurants, catering businesses and various shops (supermarkets, etc.).

Accordingly, since 2002, the Japan Dietetic Association has ensured that prominent registered dietitians and dietitians have been participating on a continuous basis in dietary care conducted in the local regions, promoting the Nutrition Care Process (NCP) and establishing nutritional-care stations where human resources can be realized. These nutritional-care stations function as bases for the promotion of the establishment of a desirable dietary environment. Located in the offices of the Prefectural Dietetic Association and a number of other locations, these stations

function as important bases where the local citizens can easily consult with registered dietitians and dietitians regarding a variety of necessary services.

Starting in April of this year, we began the program establishing authorized nutritional-care stations in close contact with the local regions. At each of the authorized nutritional-care stations, the staff employed must be registered dietitians and dietitians associated with the Prefectural Dietetic Association concerned. As models for the services offered at the authorized nutritional-care stations, we have studied a number of concepts that closely fit the regional characteristics, including medical and nursing care models (hospitals, clinics, welfare institutions, home-visit nursing stations, etc.), regional development models (enterprise promotion, NPO corporations, universities, etc.), and health promotion models (drug stores, health-related companies, etc.).

Thus, at the Japan Dietetic Association, we are promoting the construction of authorized nutritional-care stations that offer necessary services and easy access to citizens in the local regions. The aim is for the establishment of independent, profitable business stations.

Yayoi Tanaka
Executive director of The Japan Dietetic Association

Country – Argentina

News from the Argentinean Association of Dietitian and Nutritionist-Dietitians (AADYND)

Every year, AADYND promotes the continuous training of Licensed Dietitians. Numerous online courses have been started which address multiple topics such as vegetarian, good manufacturing practices and management of food services, child nutrition, gluten-free foods, gastroenterology, gerontology, community nutrition and audit of food services.

Likewise, onsite courses and workshops have been initiated regarding the following topics: nutrition and palliative care, treatment of diabetes mellitus and vegetarian nutrition. On the other hand, we are planning on initiating several new courses such as: nutrition of institutionalized older adult and research methodology.

Meanwhile, we are working on the organization of the AADYND VIII Nutrition Conference of the Autonomous City of Buenos Aires, which will be held on August 9th and 10th, 2018 under the motto " Nutrition and communication: socializing science."

Lucía Rey

Country – India

Report from the Indian Dietetic Association (IDA)

Dossier to the Health Ministry

When a newspaper article regarding the regulation of our profession caught the attention of the IDA national committee, the committee put together a dossier which was submitted to the health ministry. The dossier contains suggestions to create or improve the standards of dietetics education and practice in India. IDA received an encouraging response and is hoping that the suggestions will be put to good use.

50th National Conference

IDA reached a milestone in December 2017 when the 50th National Conference of the association was organised in Kolkata. The conference had participation from nearly 2000 members from all parts of the country, including a founding member, Ms Priti Sen, who is in her 80s.

Roles and Responsibilities of Dietitians

IDA has worked on guidelines for practising dietitians in the clinical and food service areas. These documents offer suggestions to practising dietitians and to the management of hospitals regarding the role of a dietitian in a clinical set-up.

Participation in Health Ministry Meetings

Senior members from the IDA national committee actively participated in meetings organised by the health ministry to design modern kitchens for district hospitals, and to train the trainers for skill-based short-term program in health.

Contribution to Safe & Nutritious Food series

Members from the national committee of IDA have given their expertise to the development of education material on Safe & Nutritious Food published by Foods Safety and Standards Authority of India (FSSAI). Pink Book for Homemakers, Yellow Book for Schools and Orange Book for Workplaces have been developed by FSSAI with inputs given by leading experts that include senior members of IDA.

Media & Communication

Besides the national website, IDA has been publishing a bi-annual newsletter since 2016, to keep its members updated about the association activities and also share scientific information. Recently, IDA started a national Facebook page to reach out to the social media regulars.

Visits to State Chapters

The National President of IDA along with the Chairperson of the RD (Registered Dietitian) Board took upon themselves to visit all the 24 chapters in various states across the country. The intention was to meet as many members as possible, to interact with them and answer any questions that they might have regarding the profession or the association. The visits have been received very well by the members and has been a learning for all.

Media and Communications Committee
IDA

Awards/Grants

Dr Ólöf Guðný - most promising Nordic researcher in gerontology 2018

An Icelander, Dr Ólöf Guðný was chosen as the most promising Nordic researcher in gerontology 2018. Geirsdóttir, Ólöf Guðný Geirsdóttir was born in Reykjavik, Iceland.

She is a Nutritionist,PhD and achieved her masters and PhD degrees in Human Nutrition at the University of Iceland. In 2011 she defended her thesis on “Physical activity and dietary intake in community dwelling older adults“ Geirsdóttir has had a broad experience as a nutritionist at the National University Hospital of Iceland.

Geirsdóttir has contributed to the writing of clinical guidelines for nursing, a handbook of food and nutrition for the elderly, and prevention of falls. In her recent research, she focused on the association between nutrition and physical activity in community-dwelling elderly adults. Geirsdóttir has contributed 16 papers in this field.

Geirsdóttir recently became an associate professor at the Faculty of Food Science and Nutrition, School of Health Sciences, University of Iceland. She has been lecturer and providing supervision to students at the University of Iceland for several years.

She was nominated for the award by the Icelandic association of gerontology Physicians and the Gerontology association of Iceland. The award was presented at the 24th biannual Nordic Gerontology congress, 2018. After the award was presented to her, Geirsdóttir delivered the honorary speech to her colleagues in the field.

The 25th Nordic Gerontology congress will be in Reykjavik in 2020 http://www.25nkg.is/ Geirsdóttir, her colleagues and students will participate in the program along with scientists from other Nordic countries. By visiting this site https://24nkg.no it is possible to learn more about the 24th congress and more about Gerontology in the Nordic countries at http://www.ngf-geronord.se/

This is a great honor for Geirsdóttir and her colleagues in the field celebrate with her on her achievements.

Frida Run Thordardottir, Dietitian, Nutritionist MSc

First International Nutritionist/Dietitian (FIND) Fellowship for Study in the USA

The First International Nutritionist/Dietitian (FIND) Fellowship for Study in the USA, awarded by the Academy of Nutrition and Dietetics Foundation, is given to assist a foreign national who is pursuing postgraduate work in the USA and has a clearly articulated plan to return to his/her country. The fellowship has been bestowed to students representing 18 countries. Congratulations to the 2018 winner Dania Kassas, who is studying at Florida International University. Dania plans to return to Syria after the civil war is over to work with organizations such as UNICEF to support the Syrian community.

Academy of Nutrition and Dietetics Foundation Competitive Essay Award of the Wimpfheimer-Guggenheim Fund for International Exchange in Nutrition, Dietetics and Management

The Academy of Nutrition and Dietetics Foundation Competitive Essay Award of the Wimpfheimer-Guggenheim Fund for International Exchange in Nutrition, Dietetics and Management supports an annual essay contest.

The 2018 essay topic was: Describe how to improve the nutritional health of the world's communities and solve global dietetics and nutrition problems by:

- Maximizing collaboration
- Minimizing duplication
- Emphasizing marketing and outreach
- Collecting information from available international resources

One winner and three runners-up were awarded:

- First Prize: Rupal Shah, MSc, CDE (India), "Healthy India Campaign"
- Runners-Up:
    - Andrea Guzman, LN (Guatemala), "Nutrition and Agriculture: Organizations Collaborating Together to Fight Malnutrition in Rural Guatemala"
    - Pradtana Tapanee, MSc, CDT (Thailand), "International Culture Classroom: Study Abroad in Thailand"
    - Ahmed Saddam (Iraq), "Strategies for the Control of Malnutrition in Iraq.

To read winning essays, visit the Academy Foundation's website.

The Academy of Nutrition and Dietetics Foundation Wimpfheimer-Guggenheim ICDA Welcome fund

The Academy of Nutrition and Dietetics Foundation Wimpfheimer-Guggenheim ICDA Welcome fund provides financial support to new ICDA members. Contact Nicci Brown at nbrown@eatright.org for information.

Resources

Clinical Health sciences offers master's programmes for nurses, physiotherapists and other allied health professionals to equip students with scientific research skills to improve the quality of health care and to innovate the clinical practice. In several modules students learn the basic research methods (qualitative and quantitative), statistics and academic skills to design and execute a research proposal. In an elective course students can opt to focus more in-depth in certain topics such as leadership, quality of care, research or policy-making.

Clinical Health Sciences is offered by Utrecht University, the Netherlands, and comprises of 60 EC. Clinical Health Sciences is an accredited MSc programme by the Dutch Flemish Accreditation Organisation and has been awarded “top programme” in the most recent Dutch master’s guide 2017 (keuzegids). Student evaluations are very positive and alumni of the programme often continue their career with a PhD project or a research position in a clinical setting.

The Master’s programmes is currently offered in Dutch. Clinical Health Sciences is exploring the opportunity to offer an English-taught version of the programme “Clinical sciences for health professionals” for international students with a bachelor degree in a relevant field.

Members are requested to share the link below in-country among their groups on social media or a newsletter in which they can share the link to the survey questionnaire or send it to specific contacts that they know that are willing to give their opinion. All help would be welcome as it would help the organisers to get a better insight that can form the basis to continue with the development of some modules or a complete program at the Master’s level.

The link to the questionnaire is: https://docs.google.com/forms/ d/e/1FAIpQLSeA5kmpi_ 4d1RJlcovusocOrSAZCVkYUHMaUuON CLKaYN8phA/viewform?usp=sf_ link.

Announcements & Calendar of Events

International Conference on Diabetes and Cholesterol Metabolism

International Conference on Diabetes and Cholesterol Metabolism will be held in Dubai, UAE. Date: October 15-17, 2018. For more information about the conference, please visit the website metabolicdiseasesconference@gm ail.com