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ICDA Board of Directors

From Sandra Capra, Chair of Board of Directors, ICDA

Hope the year is bringing you all success and prosperity. Only 2 months to go now until the 17th ICD in Granada!!

This is a really busy period for the ICDA – getting ready for all the meetings, seminars and symposia that we are involved with.

Firstly, a big thank you to all our members who have provided comment on the International Competencies for entry level dietitians. This is much appreciated. Also another big thank you for the responses to the survey on education and work as our four-yearly report will be ready for September as well.

I have recently had the pleasure of attending a one-day Asian Dietetics Forum of the Asian Federation of Dietetic Associations (AFDA) in Kuala Lumpur. Wow – what a great group and so dynamic. There are more than 300,000 dietitians in the ASEAN region of the world now. So while they are not all members of the national associations, this is a very sizeable workforce, working to improve the food and nutrition of their countrymen. It was really great to discuss issues around education, standards and aspirations for the development of dietetics. I also was very honoured to be a speaker at the Malaysian Dietitians Association meeting (held in conjunction with the American Overseas Dietetic Association) on advocacy for global dietetics. The program for the meeting was very comprehensive, but it is the networking opportunity it provided which was great. A real opportunity to listen about issues and to gather important feedback on how the ICDA is going. Once again, a big thank you to our colleagues for the very generous welcome and hospitality. My talk had the themes of being stronger together, the opportunities that exist for nutrition in the global context and that we need to be alert and ready for change and be the reformers not the reformed.

Did you know that the UN general assembly has declared 2016-2025 the decade of nutrition? So the time is now to increase our activities and become more visible. As part of this it's exciting to announce the Global Nutrition Collaborative – a collaboration between ICDA, EFAD and the AND to work on the global issue of malnutrition in all its forms. The ICDA is hosting a seminar on this topic at the ICD so look out for your invitation and more information, but this places dietitians front and centre in the fight for better food and nutrition for all.

We are looking forward to meeting as many of you as possible in Granada in September.

Sandra Capra
Chair, Board of Directors, ICDA

Feature Article

1ST Asian Dietetics Forum in Kuala Lumpur, Malaysia

For the first time, member countries of Asian Federation of Dietetic Associations (AFDA) came together to create a forum for dietetics in Asia. Hosted by Malaysian Dietetic Association under the leadership of Prof Winnie Chee, the 1st Asian Dietetics Forum was held on May 25, 2016 in Kuala Lumpur, Malaysia.

AFDA member countries that were present at the Forum included Malaysia, Singapore, Hong Kong, Philippines, Indonesia, Thailand, Japan, Taiwan, Pakistan, Korea, Australia and India.

Dr Chwang Leh Chii, President of AFDA, opened the Forum by welcoming the participants. Prof Sandra Capra, President & Chair of the Board of Directors, ICDA, presented the work done by ICDA in standards for dietetic education. Prof Capra said that the acceptable standards and a certification system to assist countries where dietetics is an emerging profession, will be discussed during the representatives' workshop in Granada, Spain. Ms Sylvia Escott-Stump, ICDA Board Member from USA, spoke about the experience of 100 years in educating their dietitians and setting professional standards. Dr Judy Bauer from Dietitians Association of Australia, presented on competency standards and capacity building in Australasia.

Representatives from member countries shared their experiences on setting standards of dietetics education and practice. Given below is the synopsis of the presentations from different countries –

1. Most of the countries have a minimum education of 3 years of nutrition and dietetics, and supervised practice of at least 500 hours, as mentioned in the ICDA standards.
2. A couple of countries follow the Nutrition Care Process (NCP) and International Dietetics and Nutrition Terminology (IDNT) set by the Academy of Nutrition & Dietetics, USA.
3. Majority of the Asian countries do not have mandatory registration of dietitians yet, although the registration process exists.
4. Continuing professional development and credits for participation are offered by some countries.
5. Three of the AFDA member countries have either a reciprocity agreement with the US or eligibility for registration in the UK or an MoU with Australia.
6. All countries have a larger number of dietitians working in hospitals. Other areas of work are food industry, community projects, academics, research, food service, private practice, sports industry, freelance, school programs, elder care, etc.
7. Some of the challenges that AFDA member countries face include delays in licensure of dietitians, low dietitian-patient ratio, language barriers, varying dietetics curriculum from one institution to another within the same country, intrusion from unqualified persons, lack of upskilling, inadequate dietetics

research, and so on. The associations are working towards overcoming the challenges and improving the existing standards.

Post-lunch, round table discussions on establishing standards for dietetics education in Asian countries were held. The general consensus of the discussions was that the ICDA standards are adequate to ensure competency of dietitians in Asia, and that dietetics could be offered at post graduate level of education.

The participants of the forum concluded that it would be important to meet once in 4 years to discuss and share member countries' experiences to improve education and practice standards in Asia.

Sheela Krishnaswamy, RD
Editor, Dietetics Around the World
ICDA

Announcement

ICD 2020 Booth at Granada

The Association for Dietetics in South Africa (ADSA) is proud to announce that Maryke Gallagher (current president of ADSA) and Claire Julsing-Strydom (former ADSA president) will be attending the ICD Granada 2016 conference in order to promote the ICD 2020 conference which will be hosted in South Africa, Cape Town. If you have any questions relating to the upcoming conference, please feel welcome to visit the ADSA stand at the ICD Granada 2016 conference where Maryke and Claire will be happy to answer all your questions relating to ICD 2020 and travel to South Africa.

National Dietetic Association Reports

Country – Australia

Revised National Competency Standards in Australia

In late 2015, after an extensive consultation process, the Dietitians Association of Australia (DAA) released revised National Competency Standards (NCS) for dietitians in Australia.

The NCS is an underpinning document for Australian dietitians, providing a framework for developing and maintaining essential knowledge, skills and attitudes for safe practice of dietitians. The NCS were originally published in 1993, and have been reviewed several times since.

In 2014, an expert working group commenced the latest national review of the standards. To inform the revision, 161 DAA members reviewed the existing standards through a qualitative survey, reporting on any concerns, gaps, and repetition. The members were from a range of different areas of practice, including clinical, community/public health, private practice, food service, food industry, academia, as well as new graduates.

Following on from this, a number of key issues were identified, including the need to:

- Enhance the focus on client-centred care and skills for changing dietary behaviour
- Update the food service, community and public health competencies
- Enhance the professionalism-related competencies
- Ensure the competencies were reflective of the changing and modernising health system
- Ensure common understanding of the standards for all of the profession
- Restructure, simplify, and reduce the size of the standards.

The next phase of the revision involved recruiting academics, recent graduates, and a mix of employers of new graduates to take part in focus groups. These were aimed at identifying the key purpose of the dietetics profession, major work roles, and key tasks. Findings from the focus groups informed the development of an updated version of the key purpose of the profession:

'Dietitians are food and nutrition professionals who work in a range of areas to promote health, prevent and treat disease and optimise the nutrition of individuals, groups and populations. Using scientific principles, dietitians create and apply nutrition, biological and social science evidence to influence eating behaviours and the wider food environment affecting sustainable and nutritious, food supply, policy and intake.'

The expert working group then agreed on major work roles and categories, and developed these into the typical structure of competency standards. Existing DAA standards statements, Health Workforce Australia capability statements, and newly-developed statements based on data from the focus groups then formed the development of key tasks and activities of dietitians.

Next, a panel of 110 dietetics students and academics were surveyed to reach a consensus on the revised standards. From this, the expert working group finalised the NCS.

The newly-revised NCS are contemporary, and focus on the current and future landscape of the dietetic profession. In contrast to the 2009 standards, the updated NCS more accurately reflect major dietetic work roles, rather than the settings in which dietitians work.

Four major dietetic work roles were identified:

- Practising professionally
- Influencing the health of individuals, groups, communities and populations
- Using evidence based nutrition and dietetics practice, and
- Working collaboratively in teams.

The revised NCS align more closely with other health professional competency standards, and emphasise the professional qualities needed for dietitians to work across multiple contexts.

This revision is another example of DAA leading the way in nutrition and dietetics, and remaining up-to-date with developments in the increasingly complex health system. For more information on DAA's revised NCS, please visit **http://daa.asn.au/ncs/** or contact DAA via **nationaloffice@daa.asn.au.**

Country – Austria

Dietitians in Austria use Video-Translator during Diet Counseling

The Villach Regional Hospital has taken a decisive step in the care of people of other nations in their native languages.

Since one year, a Tablet is being used during the counselling of patients, mostly migrants, for translating purposes.

A large network (SAVD-Video Interpreter GmbH) stands by within seconds after the request, providing interpreters in many languages all any time.

The team of Dietitians at the hospital in Villach often uses this new technical achievement. Dietary consultations are frequently carried out using the translation services with the help of the Tablet.

The dietary counselling conducted in this manner helps to understand the information better, faster, more accurately and in detail. Patients benefit a great deal from this new technology.

Alice Klatzer, BSc
Austrian Association of Dietitians

Trudy Giesinger, Delegate
Austrian Association of Dietitians

Country – Hungary

E3 Health Program in Hungary

A health promotion program, called E3 - Energy Balance Health Program for University Students, organized by the Hungarian Dietetic Association was held recently. The program comprised of free individual counselling and was aimed at promoting healthy eating habits and energy balance among students of the three biggest universities in the country. Assessment of health status of more than 5,000 students revealed that 35% of the young adult group faces body weight problems and a significant risk of cardiovascular diseases.

5174 university students participated in the counselling sessions and attended talks delivered by dieticians at three universities in Budapest, Pécs and Debrecen during the three-year program period between 2013 and 2015. Anthropometric parameters, eating habits and physical activity of students were also assessed.

Analysis of the collected data showed that more than 19% of the participants (1008 students) were obese or overweight, while more than 7% of them were categorised as undernourished, based on their BMI. Based on their waist circumference, a total of 243 students had an increased cardiovascular risk. Interestingly, this survey found no significant relationship between consumption of sugary foods and visceral fat development. 14% of the participating students already had some chronic diseases: food allergy (169 cases) and cardiovascular conditions (83 cases). Significant differences were found between the genders in terms of prevalence of hypertension and food allergy. Hypertension was found to be characteristic primarily in case of male students, while food allergy was found to be more prevalent among females. No such difference was found in other cardiovascular and metabolic diseases.

As for students' eating habits, dieticians concluded that 71% of students consumed less fruit and vegetables than the recommended daily amount. Whole grains were consumed only by 39% of the participants on a regular basis. Many of the participants have adopted some special diets or eating patterns like low carbohydrate, gluten-free or lactose-free diets. The collective data showed that most of them drink less water than the recommended daily intake, which is 2 litres for women and 2.5 litres for men from all dietary sources. 44.5% of the assessed students do not drink more than 1-2 litres a day.

Young adults are more active than the average Hungarian adult population. 45.5% of the students regularly participated in sports or did some exercises, 44.7% of them occasionally participated in sports or did some exercises. This is in contrast with the adults, where only 15% participate in sports regularly and 23% do so sometimes.

The purpose of the "E3" program was to examine health status, eating and lifestyle habits of university students, and additionally to improve their knowledge on energy balance and healthy diet. High rate of attendance indicates that young adults have an open mind to healthy lifestyle, and recognize the importance of balanced diet and physical activity in prevention of chronic diseases. The results help to identify gaps in knowledge, unhealthy eating and lifestyle habits, which in turn provide an opportunity for dieticians and other healthcare professionals to make significant improvement in the health status of the Hungarian population.

Zsuzsanna Szucs, Member of the Executive Committee of the Hungarian Dietetic Association
Jolan Kubanyi, President of the Hungarian Dietetic Association

Country – Iceland

Icelandic Workshop on Nutrition Therapy for Individuals with Type 2 Diabetes

A Workshop on Nutrition Therapy for Individuals with Type 2 Diabetes held in Iceland concluded that the primary health care system needs nutritionists and is important to promote teamwork.

Diabetes is a serious and fast growing health problem worldwide and it´s complications are many, expensive and serious. The exact number of individuals with diabetes in Iceland is uncertain but it can be assumed that the numbers are similar to neighboring countries, or about 10% of the population. More number of people have prediabetes. Nine out of ten diabetics have type 2 diabetes. Nutritional therapy is the cornerstone of treatment of individuals with diabetes. However, there are very few positions for nutritionists in the primary health care system in Iceland where most individuals with type 2 diabetes receive their treatment. Very few diabetics meet a nutritionist until they are admitted to a hospital.

Increasing research on nutrition therapy has led to lively discussions but could also lead to discrepancies in messages from health care workers and others. It is very important that all healthcare workers offer similar advice on diet, and follow the best knowledge and official guidelines at all times. In recent months a group of nutritionists in Iceland revised the current Icelandic clinical guidelines on nutritional treatment for individuals with type 2 diabetes. The draft of the new guidelines is more detailed than before with an increased emphasis on personalized nutrition therapy.

As consistent dietary advice is of great importance for the patients it was decided to have a multidisciplinary workshop on World Health Day (April 7th) in Iceland to discuss nutritional therapy and the draft of the new guidelines. The participation was well above what was expected, as 130 physicians, dietitians, nurses and other health workers who handle individuals with type 2 diabetes in Iceland attended the workshop. Discussions were in small groups and conclusion of the groups were almost unanimous: It is necessary to use evidence-based nutritional therapy for individuals with type 2 diabetes but equally important to update recommendations on a regular basis in line with the research activity. It was also a consensus among the doctors and nurses who attended the workshop that the primary health care system desperately needs access to nutrition experts.

Multidisciplinary team work of health care workers is a key factor in the treatment of chronic diseases such as type 2 diabetes.

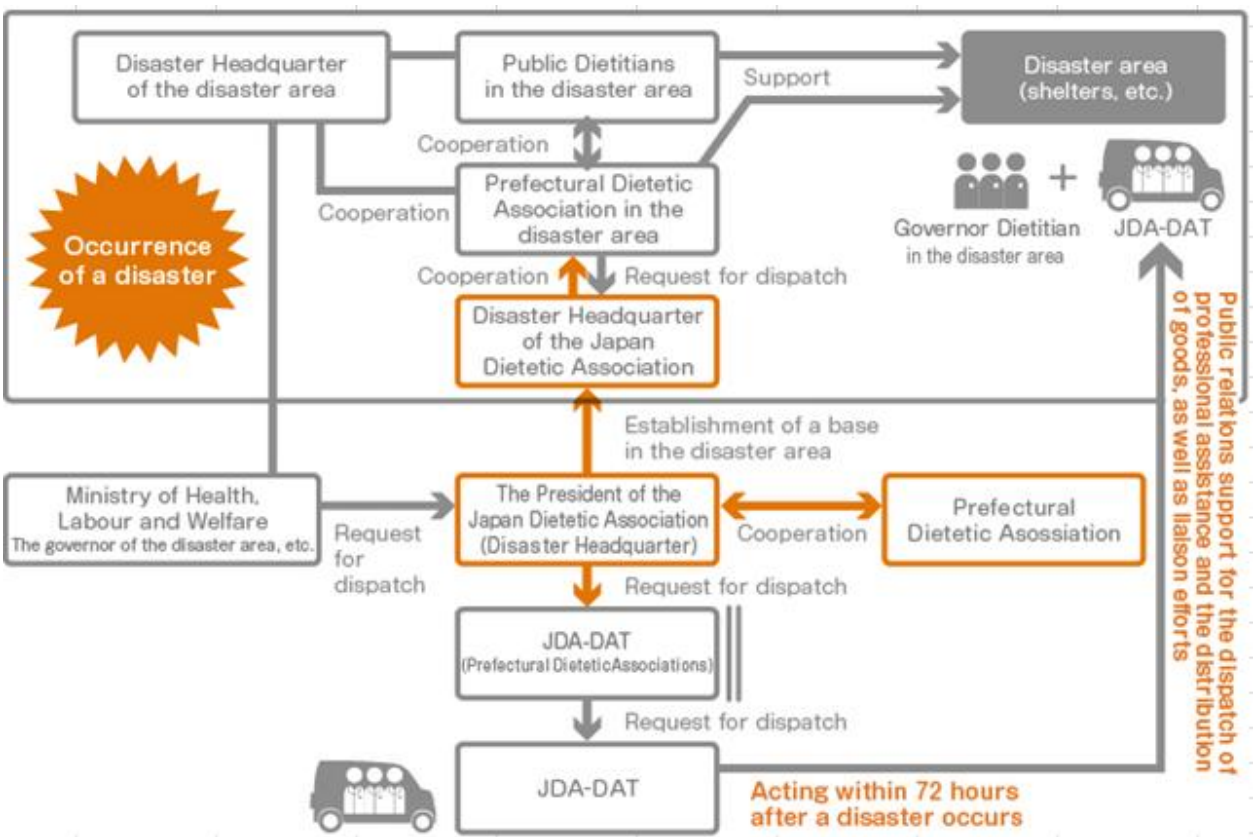
Óla Kallý Magnúsdóttir
Nutritionist
Landspitali - The University Hospital of Iceland

Country – Japan

Activities of the Japan Dietetic Association's Disaster Assistance Team（JDA-DAT）

The Japan Dietetic Association-Disaster Assistance Team was established after the 2011 Tōhoku Earthquake and Tsunami hit the north-eastern coast of Japan on March 11, 2011. The team provides prompt support for activities related to nutrition and diet when a large-scale natural disaster occurs.

The Japan Dietetic Association assisted with the following activities after the earthquake occurred on the 11th of March, 2011.



1. March 13th 2011 - An emergency disaster response meeting was held in Kyoto, at the Doshisha Women's College of Liberal Arts.
2. March 15th 2011 – A disaster-response was set up at headquarters of the Japan Dietetic Association.
3. March 26th 2011 - A preliminary investigation was held with the cooperation of the Japan Primary Care Association Society (Kesennuma City, Miyagi Prefecture). Registered dietitians were sent for disaster assistance management and volunteers (starting from Kesennuma as a base)
4. April 5th 2011 – Delivery of supplies was started to the disaster areas with the cooperation of the supporting members. The members worked with the National Institute of Health and Nutrition, to print and distribute leaflets and manuals about nutrition and diet, at shelters for support after the disaster.
5. April 12th 2011 - Registered dietitians were sent for disaster assistance management and volunteers, using Ishimaki as a base.
6. May 13th 2011 - Registered dietitians were sent for disaster assistance management and volunteers, using Tono as a base. Began to prepare the Japan Dietetic Association's Disaster Assistance Teams.
7. June 2011 - The demands and proposals related to health support of the victims were submitted to the government by the *Victims Health Support Council.
8. June 16th 2011 - The task of sending registered dietitians for disaster assistance management and volunteers was completed, using Ishimaki as a base.
9. July 2nd 2011 - The task of sending registered dietitians for disaster assistance management and volunteers was completed starting from Kisennuma as a base.

10. July 15th 2011 - A nutrition care station was opened in Kesennuma, Miyagi prefecture.
11. July 16th to 18th 2011 - Visited the disaster area.
12. August 31st 2011 - The task of sending registered dietitians for disaster assistance management and volunteers was completed starting from Tono as a base.
13. November 2011 - A nutrition seminar for the mind and body aimed at temporary housing residents was held as part of an assistance project in Iwate prefecture.
14. January 2012 - The Japan Dietetic Association-Disaster Assistance Team (JDA-DAT) was established.
15. February 18th to 19th 2012 - The first JDA-DAT leader training session was held with 106 leaders.
16. March 16th to 18th 2012 – Visited the disaster area.

* The Victims Health Support Council was formed by the Japan Medical Association, Japan Dental Association, Japan Pharmaceutical Association, Japan Nursing Association, Association of Japan Medical Colleges, Japan Hospital Association, and Japan Dietetic Association in order to study related issues and provide health support to the disaster victims.

Support activities after the 2011 Tōhoku Earthquake and Tsunami

Major activities by the JDA-DAT after the 2011 Tōhoku Earthquake and Tsunami include the ones for torrential rain in Hiroshima (August 2014) and Ibaraki (September 2015), for earthquake in Nagano (November 2014), Tokushima (February 2015), Nepal (April 2015), Iwate, Ibaraki, Ogasawara (May 2015), Hokkaido (June 2015) and Kumamoto (April 2016), and for volcanic eruption in Kagoshima (May 2015).

Country – New Zealand

Combating Misinformation in the Media: The Dietitians New Zealand Approach

While New Zealand may well be at the bottom of the earth, it has not been immune to the sensationalist claims and misleading reports made by the media in the field of nutrition. However, despite being the leading nutrition experts, dietitians have previously had very little visibility in the New Zealand media. In an effort to help combat misinformation in the media and to raise the profile of dietitians in New Zealand, Dietitians New Zealand (DNZ) established a Media Special Interest Group (SIG) in March 2015. The core objectives of the Media SIG are to:

- Generate open communication between Dietitians New Zealand and the New Zealand media, highlighting the dedication of New Zealand dietitians whilst promoting a positive image of its membership, sector and services.
- Raise the profile of dietitians as being leading experts who draw from an evidence base, translating the science into meaningful recommendations for the public.
- Actively combat misinformation regarding nutrition and dietetics matters in a timely, efficient and accurate manner.

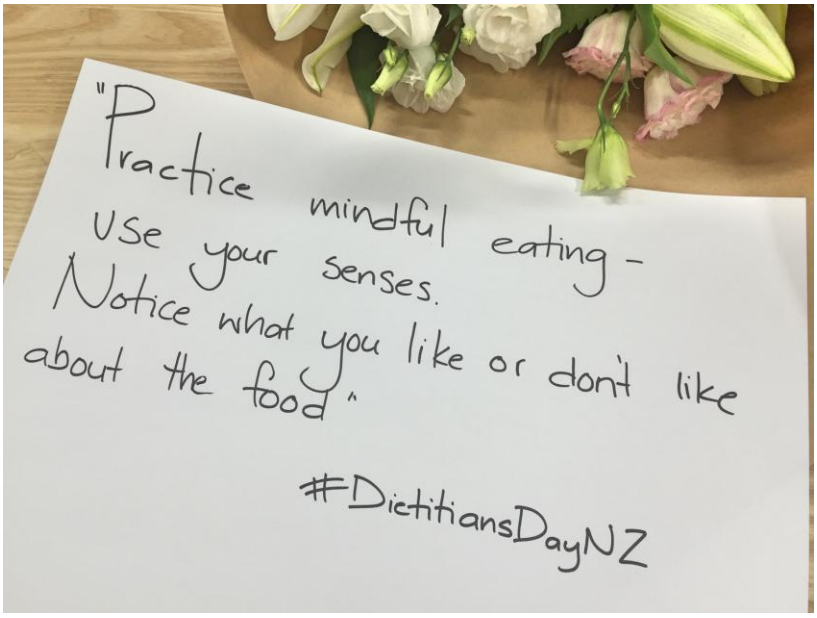
The Media SIG membership is made up of DNZ members from around New Zealand, who either have an interest in, or are currently actively working with the media – whether it be through traditional media channels (such as print, TV or radio) or via social media. A small number of Media SIG members who have extensive media experience are also key media contacts who are able to speak with media should any queries come via DNZ.

To date, there has been a significant increase in the number of dietitians in the New Zealand media with more than 100 appearances across print, radio and television since the establishment of the Media SIG. Numerous topics have been commented on including food trends, diabetes, obesity, sodium, trans fat, sugar, Isagenix, fad diets, coconut oil and orthorexia. Additionally, extensive local and national media coverage was gained for the 2015 DNZ National Meeting and a number of DNZ media releases have been issued to further raise the profile of dietitians as being the leading nutrition experts in New Zealand. To counter misinformation in the media, the Media SIG has compiled a number of submissions to television broadcasters to lodge complaints about inaccurate and misleading content in a number of national television programs.

Acknowledging social media continues to be a driving force in the media world, the Media SIG has also developed a DNZ social media policy to help support its members in navigating and utilizing this growing information sharing medium. With permission from Dietitians Association of Australia, their document *Dialing into the dialing age: Guidance on social media for DAA members* was adapted by Media SIG working group members to become the *Social Media and the Dietetic Profession: A guide to online professionalism for members of Dietitians New Zealand*. We are grateful to the DAA for allowing use of the document for guidance.

To further promote the work and evidence-based knowledge that dietitians have, the DNZ website now includes a 'Blogs by Dietitians' page, with links to members' blogs that can be accessed by the public. Furthermore, a formal DNZ media policy and strategy document has now been developed which helps to provide guidance and direction for DNZ media engagement.

To promote our inaugural New Zealand Dietitians Day, marked on March 9 2016, DNZ with the support of the Media SIG ran a social media campaign, sharing top nutrition tips from New Zealand dietitians. These were distributed as images and short videos, generating significant coverage under the hashtag #DietitiansDayNZ.



While we still have a long way to go in consistently having accurate nutrition messages disseminated in the media, we will continue to lead the charge in helping to not only reduce public confusion, but to also raise the profile of dietitians in New Zealand.

Angela Berrill – Inaugural Media SIG convener (2015 – 2016) and current Media SIG secretary (2016)
Fiona Greig – current Media SIG Convener (2016) and Media SIG Working Group member (2015)
Caroline Worth – Media SIG Working Group member (2015 – present)

Country – Philippines

New Nutrition and Dietetics Law in the Philippines

Nutritionist-Dietitians in the Philippines are looking forward to reforms in the profession with the signing of Republic Act (RA)10862 – the Nutrition and Dietetics Law of 2016 on May 25, 2016 by Philippine President Benigno Aquino III. RA 10862 repeals Presidential Decree 1286 signed in January 1978. To show the vital importance of the Nutrition and Dietetics (ND) Profession in nation building, and the development of registered nutritionist-dietitians (RNDs) who ensure the provision of adequate nutrition to the country and its people, the Nutritionist-Dietitians' Association of the Philippines (NDAP) became the flag bearer that successfully pushed for the enactment of the Nutrition and Dietetics Law starting with the filing of the bill in 2014 in Congress (Senate and House of Representatives) until its final journey to the Office of the President.

The new legislation updates the ND profession and governs: 1) the standardization and regulation of Nutrition and Dietetics education; 2) the examination, registration and licensure of nutritionist-dietitians; 3) the standardization, supervision, control, and regulation of the practice of nutrition and dietetics; 4) the development of professional competence of nutritionist-dietitians through continuing professional development (CPD); and 5) the integration of the nutrition-dietetics profession.

It will take some time to have this law implemented because it will come into effect 15 days after its publication in the Official Gazette. The Philippine Board of Nutrition and Dietetics, subject to approval of the Professional Regulation Commission and after consultation with NDAP, other agencies, and private organizations concerned in the industry, shall prescribe, promulgate and issue a Board Resolution on the Implementing Rules and Regulations (IRR) of this Act within 90 days of commencement of RA 10862. Implementation will take effect 15 days after publication of the IRR in two (2) newspapers of general circulation. Still a lengthy process so all concerns and details regarding the Law must be adequately included in the IRR.

NDAP is the sole organization representing the professional licensed nutritionist-dietitian in the Philippines and has 24 active Chapters.

NDAP's 61st Convention tackled Sustainable Development

The 61st Annual Convention of NDAP was held on February 24-26, 2016 at the Royal Garden Hall Convention Center, Iloilo City. The convention focused on the third strategy pillar of NDAP – Integration. The theme "Integrating and Innovating Nutrition and Dietetics in Sustainable Development" aimed to take nutrition and dietetic practice to sustainable development goals (SDG). The program emphasized the contribution and role of nutritionist-dietitians in attaining the SDGs. Of the 17 SDGs, nutrition and dietetics have the most prominent roles in ending poverty (SDG 1), ending hunger and achieving food security (SDG 2), ensuring healthy lives (SDG 3), ensuring quality

education and learning (SDG 4), achieving gender equality and empowerment (SDG 5), ensuring sustainable water and sanitation (SDG 6), ensuring sustainable consumption and production patterns (SDG 12), and revitalizing global partnerships (SDG 17).

This year's convention was Chaired by Ms. Nenita Umali and co-hosted by the NDAP Iloilo Chapter which welcomed the opportunity to share and exchange information, experiences, lessons, ideas and expertise with fellow NDs from the different provinces in the country. The convention was attended by more than 700 participants.

As has been the tradition to improve camaraderie among RNDs, the fellowship dinner and cultural show was held on the first day, as also the soft launch of the ND Commemorative Book. The book includes the history, accomplishments of NDAP and the various chapters. Awards were presented to Dr. Mario Capanzana as 24th Honorary member; Ms. Josephine P. Jamon as the Nutritionist-Dietitian for 2015; Zamboanga Chapter as Hall of Fame Awardee; and Misamis Oriental Chapter for the Outstanding NDAP Chapter for 2015.

The Food and Nutrition Research Institute was invited to launch Pinggang Pinoy and i-FNRI. Pinggang Pinoy or the Filipino Plate is a tool to guide Filipinos in consuming the right amount of food in every meal while i-FNRI is an umbrella program that develops, integrates and harmonizes the different ICT projects of the Institute.

There were three sessions during the second day of the convention. The first and second sessions focused on innovations in clinical nutrition and food while the third one was on integrating nutrition concerns in agriculture. On the third day, a well-received consultative session on rationalizing the curricular revisions in higher education, revitalizing the BS Nutrition and Dietetics curriculum and the proposed practicum guidelines in hospital and dietetics were held. Subsequent technical sessions covered Nutrition and Sustainable Development Goals, A Healthy Plate for a Well-Nourished Nation, Kangaroo Mother Care, and Leadership and Good Governance topics.

The NDAP Board with Regional Vice Presidents and Chapter Presidents enjoy an evening bonding at the 61st Convention in Iloilo City.

Prof. Dr. Adela Jamorabo-Ruiz, RND
President, Nutritionist-Dietitians' Association of the Philippines

Resources

Did you see the resources for IYP 2016?

Dietitians of Canada volunteered to prepare resources to support ICDA members to promote the International Year of Pulses 2016 (IYP 2016). We have posted eight images you can use on Twitter, Facebook, Instagram and in power point presentations. They are available on the ICDA website **here.** We'd like to hear if you found these resources helpful. Please contact Janice Macdonald (**janice.macdonald@dietitians.ca)** with your feedback.

The official site of the IYP 2016 is **http://www.fao.org/pulses-2016/**. You can download the official IYP 2016 logo from this website. The logo is available in nine different languages. Pulse organizations around the globe including the Global Pulse Confederation have posted toolkits, videos, and other resources to their websites. You may find some of these resources helpful too.

Janice Macdonald
Dietitians of Canada

Resources from Academy of Nutrition and Dietetics, USA

International students enrolled in food, nutrition or dietetics educational programs located and accredited outside of the United States can now gain access to resources offered through the Academy of Nutrition and Dietetics. No matter where they live, international students will be able to utilize science-based information that can help them boost their grades and get a strong start to their careers – twenty four hours a day, seven days a week!

Tools include:

Evidence Analysis Library®
This web-based research database can help students find answers, research articles and evidence-based nutrition practice guidelines to help them get ahead in their assignments.

Nutrition Care Process
This standardized model was established to guide practitioners in providing high quality nutrition care through evidence-based guidelines. Students can now gain access to this information through the *eNCPT: Nutrition Care Process Terminology Reference Manual,* which provides terminology and definitions for the nutrition care process guidelines and is available in a variety of language translations.

Publications and subscriptions
A variety of publication subscriptions and email newsletters which can help students stay on top of breaking news across the nutrition and dietetics profession:

- ***Journal of the Academy of Nutrition and Dietetics*** – This monthly, peer-reviewed *Journal* presents original articles prepared by researchers and practitioners and is the most widely read professional publication in the field. International students can also access web-based archives back to 1993, as well as exclusive online material, including Topic Collections, educational PowerPoint slides for selected articles, audio podcasts and video podcasts.

- ***Daily News*** – This e-mail is sent every weekday and provides the latest food and nutrition headlines, with links to relevant articles.
- ***Eat Right Weekly*** – A weekly e-newsletter providing access to career resources, research briefs, updates on the profession, and more.

Food & Nutrition Magazine® - This bi-monthly magazine emphasizes breaking news and trends in nutrition, diet, health, culinary arts, food service, sports nutrition, fitness, integrative nutrition, food safety and other professional services.

Calendar of Events

National Nutrition Congress, 2016
The 26th Congress of the Nutrition Society of South Africa and the 14th Congress of the Association for Dietetics in South Africa
3-5 September 2016 in Somerset West, Lord Charles Hotel, Cape Town
Theme – Science at the centre of sound nutrition.
http://www.nutritioncongress.co.za/registration to register for the conference
http://www.nutritioncongress.co.za/programme-speakers to view the international speaker line-up.
For any questions please email: **registration@easternsun.co.za**

17th International Congress of Dietetics (ICD) - Going to a Sustainable Eating
7th to 10th September, 2016 in Granada, Spain
Visit the website **www.icdgranada2016.com**

49th National Conference of Indian Dietetic Association
23-25 September 2016, Hotel Sahara Star, Mumbai, India
Theme – "Joining Hands to Nourish India – Nutrition Beyond Nutrients"
Visit **www.idacon2016.com**

7th Asian Congress of Dietetics (ACD)
5-8 July 2018 at Jockey Club Auditorium, Hong Kong Polytechnic University, Hung Hom, Hong Kong
Theme – The Rise of Nutrition and Dietetics in Asia
Email – **acd2018@hkna.org.hk**