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- 5th Buenos Aires Nutrition Conference "Nutrition and Health: new trends" on August 13th and 14th, 2014
- 6th Asian Congress of Dietetics (ACD) in Taipei, Taiwan from 21-24 August, 2014
- CONBRAN 23rd edition, 17-20 September, 2014, in Vitória, ES, Brazil
- 8th EFAD/DIETS Conference, 9-12 October 2014 in Athens, Greece.
- Food & Nutrition Conference & Expo, Atlanta, Georgia USA, October 18-21, 2014

ICDA Board of Directors

From Sandra Capra, Chair of the ICDA Board of Directors

Hello everyone. This year is going very fast. For those of you who have Dietitian's Day I hope you had a very successful and happy day. Dietetics is moving towards a crossroad. There is great change in some countries where financial constraints are starting to bite, while diet related chronic disease is rising everywhere. Dietitians must prove value for money and must be "go-to" problem solving people.

The changes have caused me to pause and think about who we are and what we do. In the English language, what were once called "social dietitians" became "nutritionists". The name "dietitian" is ancient and referred to people who treated with food. Written reference to dietitians can be found going back to the 10th century in the Middle East, and earlier in the Roman and Greek as well as Eastern traditions. Nowadays though, it is important to not lose sight of the breadth of dietetics, as it emcompasses food service management, prevention and treatment. The ICDA wants to focus on what we do, rather than what we call ourselves, as what's in a name? Even if in some countries different titles are used – nutritionist, dietitian, dietitian-nutritionist, food specialist – it does not matter – we need to focus on the tasks we undertake, the roles we play in health, disease and research to find our identity and future. The Board will be spending time on this further at our next long meeting later this year.

On another note, I'd like to remind national representatives that we have our Annual Meeting coming up on September 19th. Please make a diary note now. You will be receiving further information shortly. It will be run by teleconference as usual.

The Board has increased its numbers of meetings from this year – don't forget to keep checking the website for news and information, and don't forget to start planning for the 16th ICD in Granada in 2016. Calls for submissions will be out shortly – why not consider putting in an abstract?

Best wishes to all.

Sandra Capra
Chair, Board of Directors, ICDA

Feature Article

20 Years of ICDA Newsletter – *Dietetics Around the World*

Argentina –
The National Dietetic Association of Argentina, AADYND (Asociación Argentina de Dietistas y Nutricionistas Dietistas), has yet a short history within ICDA but it´s pleased to congratulate the newsletter, DAW, on its 20th Anniversary. Thanks for letting us share our work!
Romina Defranchi
AADYND

Canada –
Dietetics Around the World has added value for our professional network by providing a means to share information about advancements in the profession around the world and a means to share some great resources available to dietitians. My point can be seen in this very recent example when I wrote to a colleague in Canada, "*This lead article in the ICDA newsletter (March 2014 - Vienna Declaration) might provide some interesting links for your British Columbia Nutrition Strategy project. You can contact the authors by using the ICDA web site link to the national dietetic association in Austria"*. In reply, "*Perfect timing – thanks! It is amazing how even the wording is similar to our original strategy and the areas that our key informants want to move forward. I really appreciate you bringing my attention to the article. Just in time for inclusion in our final report.*"
Marsha Sharp
CEO, Dietitians of Canada

I am always motivated by the international achievements of our profession and find the articles inspire me to continue my commitment to growing the profession in Canada.
Linda Dietrich
Dietitians of Canada, Ontario

A 2010 article from the France Dietetic Association on their advocacy work related to advertising to children inspired me to investigate action in other countries and eventually led, in part, to the ICD 2012 Conference session on this topic with speakers from Australia and Canada. We discussed the importance of working together internationally on issues where we had common interests. Taking united action makes our voice even stronger.
Janice Macdonald
Dietitians of Canada, British Columbia

USA –
It has been 2 decades since the first DAW newsletter was written! The first editions were sponsored by the American and British organizations, excitedly making nutrition connections between a few countries. Now our DAW newsletter provides updates from ICDA representatives from all six continents…and we continue to encourage new countries to join!
Sylvia Escott-Stump
Academy of Nutrition and Dietetics

Over the past two decades, the dietetics profession has become ever more globalized. And wherever we live, food and nutrition professionals find ourselves addressing common issues – obesity, malnutrition, food security, sustainability, nutrition education and many more. Communication and dialogue are crucial to professional growth and success, and as we work toward our shared worldwide goals of advancing our profession and improving the public's health, "Dietetics Around the World" has been an invaluable resource internationally, for dietetic associations and individual practitioners alike. On behalf of the Academy of Nutrition and Dietetics and our members throughout the world, thank you and congratulations to ICDA on 20 years of "Dietetics Around the World" and our best wishes for many more.
Sonja L. Connor
President, 2014-2015
Academy of Nutrition and Dietetics

From the Former Editors

Congratulations to DAW!!! 20 years old and going stronger than ever!!

I was Editor of DAW from 2001 to 2004 when we transferred the newsletter from a biannual paper newsletter to an on-line version. This allowed us to expand and make it bigger as well as increase access. Prior to this, limited resources meant that each member association was sent a few copies, whereas on-line has allowed for more open access. I remember that it was very difficult to get articles in paper form, whereas once we moved into the electronic medium it was faster and easier to work with members providing content.

And now DAW has been able to move to three times a year. Well done and congratulations.

Sandra Capra, Chairperson, ICDA Board of Directors

Congratulations!

In 2004 I became the new ICDA Representative for the British Dietetic Association (BDA) and was elected to the ICDA Board of Directors. Up to this point I had been very active within the BDA and was one of the two BDA Delegates in the European Federation of the Associations of Dietitians but I had not been involved at an international level. My first duty on the Board of ICDA was to take over the editorship of DAW. This provided an excellent introduction to what the National Dietetic Associations (NDA) were doing, through the articles they submitted and the conferences, resources and funding opportunities that were advertised. Editing DAW contributed to my learning about dietetics around the world and my continuing professional development and provided the opportunity to influence the content of the newsletter by commissioning or encouraging people to write articles. Speakers at the 15th International Congress of Dietetics in Yokohama were asked for abstracts in advance of the congress to showcase the event and encourage attendance. It also brought with it a responsibility to ensure that two editions of DAW were published each year, of sufficient content and standard by helping those whose first language is not English, and the pressure when articles were not forthcoming.

I was very lucky to inherit a newsletter that had been transformed from a paper version, sent to each member NDA with an expectation that it would be circulated within that association, to an electronic web based version on the ICDA website. Systems and processes were in place thanks to my predecessor Sandra Capra and the Secretariat of Dietitians of Canada. My task was to keep it going.

DAW is now well established and under the guidance of the current Editor, Sheela Krishnaswamy, has grown with enough content to allow three editions a year. It continues to fulfil the initial purpose of providing a network for dietitians around the world to learn from and support each other. The new website has widened the scope for DAW including the opportunity for photographs. I wish Sheela well in continuing to develop the newsletter to meet the needs of both long standing and fledgling NDAs and their members, and look forward to reading about the ever changing face of dietetics.

Carole Middleton MBE BSc RD FBDA
Member, ICDA Board of Directors
Editor of Dietetics Around the World 2004 – 2008

Survey

Global Dietitian Survey Offers Snapshot into the Profession Worldwide

It's no secret to ICDA members that thousands of dietitians around the world are actively promoting health and nutrition in their countries and communities. Dietitians often serve as translators – and not just in the linguistic sense. They translate global

and national dietary recommendations and guidelines into practical, actionable steps and tips to help their clients improve their dietary habits and nutrient intakes.

But how do they do this? What are the differences in how they practice around the world? Do they work in similar settings? When it comes to snacking, eating out or choosing beverages, what advice do they give? Are they active in the media? Are they highly influential in their countries?

A nutrition communication group based in USA, in cooperation with a market research firm, sought answers to these and many more questions in the 2014 Global Dietitian Survey: Perspectives of dietitians and nutritionists working with local consumers around the world. More than 60 dietitians and nutritionists working in 14 countries offered their views on the scope of their profession, their preferences and recommendations when it comes to products and habits, and their sense of health and nutrition concerns in their countries.

Survey results show that dietitians make up a growing health influencer group worldwide. These health professionals are generally highly educated and active in their professions. They often attend scientific congresses and belong to professional associations, their national nutrition or dietetic associations or other groups related to their specialty area. Many consider dietitians to have an active media presence in their country as bloggers or contributors to health and wellness magazines and television programs. Dietitians often give very specific advice; they have strong opinions about particular brands, products and ingredients and they advise their clients as such.

Although the three most common recommendations – eat more fruits and vegetables, drink more water and exercise – are shared worldwide, dietitians play a key role in translating these recommendations into highly individualized and culturally-relevant advice. Survey respondents interface with consumers in a wide variety of settings, including private practice (44%), hospitals (37%), clinics (32%), as independent contractors/consultants (30%), schools/universities (24%), corporations (18%), long-term care facilities (3%). Of course, there are many other specialties for dietitians around the world, including roles in public health, supermarkets and government.

Dietitians take the big picture recommendations and make them relevant for everyday life. And they're playing an increasingly important role in health and wellness around the world. As the profession evolves and becomes even more established in various countries, the reputation and influence of dietitians will undoubtedly continue to grow. For ICDA members, this could mean good news for the future of the profession around the world.

Julie Meyer - **jmeyer@eatwellglobal.com**
Erin Boyd Kappelhof - **ekappelhof@eatwellglobal.com**

National Dietetic Association Reports

Country – Argentina

Report from Argentina

On April 3th, AADYND (Asociación Argentina de Dietistas y Nutricionistas Dietistas) convened with representatives of the food industry, Universities and other food and nutrition organizations to present “AADYND initiatives 2014”. Some of the AADYND planned activities for this year are:

- New AADYND website **www.aadynd.org.ar** with remodeled design, incorporation of a map to locate members and videos, among other features.
- Launch of **DIAETA** (the journal of AADYND) in electronic format
- Presentation of a new book supported by AADYND: “Consejos prácticos para la alimentación saludable del adulto” (Author Lic. Viviana Wons)

The Scientific Committee presented professional continued education courses on site and online along with the inauguration of the 1st Online Course in Sport Nutrition in alliance with AEDN (Spain NDA - Asociación Española de Dietistas). The event ended with a colorful presentation, by Lic. Graciela Gonzalez, about AADYND´s history and social commitment.

Presentation of the book

The Media Committee delivers timely and reliable food and nutrition information in the media. In the past few months, AADYND and its members have participated in programs through multiple media outlets (TV, radio and graphic press). AADYND publishes monthly newsletters in its website and social media that generates great interest, and demands the participation of AADYND spokespersons in the media to comment on diverse food and nutrition topics. Some of the topics covered recently were: eating healthy during the Holidays (December), hydration during the summer (January-February) and school lunch (March). AADYND spokespersons were also quoted in articles related to healthy eating during inflation, published by Argentine newspapers. In 2013, AADYDN participated in a 12-chapter TV series called "Como, luego existo" ("I eat, therefore I am") that is being broadcast in 2014 on Canal Encuentro or on You Tube. You can watch it at **http://www.encuentro.gov.ar/sitios/encuentro/programas/ver?rec_id=119080**.

Romina Defranchi
AADYDN

Country – Austria

Health Care Reform in Austria

The President of the Austrian Association of Dietitians Andrea Hofbauer warns:
If the integration of Dietitians in the new structures of primary health care is not defined by law, opportunities to a huge cost savings potential will be lost. Integration of Dietitians can save the health care system millions! The results of a Dutch study supports this statement.

In the Austrian health care reform law of 2013 it was determined that in-patient care should be relieved and out-patient care should be expanded. Health care NEW must be adapted to the needs of patients and this can be achieved by enhanced primary care (Primary Health Care) in an out-patient setting. Following the principle of "Best Point of Service", the establishment of multidisciplinary teams is one of the prerequisites for this.

Prof. Andrea Hofbauer, president of the Association of Dietitians of Austria, expressed in a press release in April 2014, "In all European countries, where primary health care is already well established, dietitians are an integral part of the teams. These professionals are well trained in the area of prevention as well as in nutritional therapy in case of disease." Hofbauer also said "It's not just about the best possible care for patients and the purposeful, efficient implementation of proven & effective preventive and therapeutic measures, but also about a significant cost-reducing effect, which is required by law."

A Dutch study proves the enormous savings potential as a result of treatment by dietitians. Better health of the population ultimately brings positive economic benefits, such as a decrease in absenteeism in the workplace and an increase in efficiency and productivity. These advantages of professional advice by dietitians can be expressed in figures. As in the example from the Netherlands: The dietetic treatment of overweight individuals (BMI > 25) with additional risk factors such as diabetes, high blood pressure and / or blood lipids brings within five years, savings 0.4 to 1.9 billion Euros.

In summary, Dietitians can contribute significantly to achieve the legally required health savings without sacrificing quality! They work together with patients, providing individual strategies for a sustainable lifestyle change and thus increase the quality of life. An integration of dietitians in Primary Health Care benefits all.

Prof. Andrea Hofbauer, MSc, MBA, President
Trudy Giesinger, Delegate
Austrian Association of Dietitians
www.diaetologen.at

Country – Canada

Infant Feeding Recommendations & WHO Growth Charts for Canada

Canadian dietitians partner to develop infant feeding recommendations and to adapt WHO Growth Charts for Canada

Dietitians of Canada often partners with other health professional groups and government and non-government organizations when developing recommendations for the public. This strategy helps to ensure consistent messages are delivered and that the practices of health professionals are more unified. Three new documents demonstrate this approach.

Infant feeding recommendations: Dietitians of Canada (DC), the Canadian Pediatric Society and the Breastfeeding Council of Canada with leadership and support from the Government of Canada completed development and released new infant feeding recommendations (0-24 months). This work took place over a two-year period, and included time for each partner to consult their Association members. The recommendations are available on the DC website **www.dietitians.ca** under Dietitians Views.

Allergy prevention in high-risk infants: We endorsed the work of the Canadian Pediatric Society and the Canadian Society of Allergy and Clinical Immunology on dietary exposures and allergy prevention in high-risk infants and jointly released the new recommendations to the public. See **www.dietitians.ca** for the media release and recommendations.

WHO Growth Charts adapted for Canada: Building on our work and leadership in 2010, we released redesigned WHO Growth Charts for Canada endorsed by four other health professional groups including pediatricians, family physicians, community health nurses and pediatric endocrinologists. The five groups worked together to address design issues that had emerged since we first put the growth charts into practice. To learn more visit **www.whogrowthcharts.ca**.

It takes more time and patience when you choose to partner on development of joint recommendations, but the end products are almost always better and certainly are more widely accepted. In our experience, naming a lead organization to facilitate the overall process has been a key success factor.

Questions may be directed to the author of this article.

Janice Macdonald
Director Communications
Dietitians of Canada
Janice.macdonald@dietitians.ca

Country – Japan

Japan Launches Dietitian Training Program in Vietnam

In Japan, the history of dietitians started in 1926, when Dr. Tadasu Saiki, known as "father of nutrition", established the world first dietitian training school and then named the first graduates as "dietitians". This happened nearly 90 years ago.

Last year, the Department of Nutrition was established for the first time in Vietnam at Hanoi Medical University with the efforts of Prof. Shigeru Yamamoto at Jumonji University and Ajinomoto Co., Inc. This formed the first step in the history of dietitians in Vietnam. The signing ceremony for the academic exchange agreement was organized at Hanoi Medical University on March 24 2014, where the representatives from Jumonji University, Kanagawa University of Human Services and the Japan Dietetic Association in Japan, and those from Hanoi Medical University and National Institute of Nutrition in Vietnam participated to establish a dietitian system in Vietnam.

In Vietnam, there is no qualification process for dietitians. In a clinical setting, dietary guidance is provided by medical doctors and nurses based on their experience and reading about nutrition on their own. Prof. Shigeru Yamamoto, an organizer of this project, says that "Eating problem in Vietnam is similar to that of Japan. Both countries experienced post-war poverty and then achieved economic development. However, Vietnam now faces the double burden of malnutrition where under-nutrition and obesity co-exist. I would like to develop manpower to solve these problems". The academic exchange agreement declares not only exchange of students and physical support by teachers but also implementation of collaborative research and exchange of academic publications and cultural information. As a part of this agreement, 20 university teachers will be sent to Vietnam in September 2014 to start the original curriculum at Hanoi Medical University.

The Japan Dietetic Association (JDA) will also be providing support with recommendation of teachers, coordination with other relevant institutions, and financial support for four years. Prof.Tatsushi Komatsu, President of JDA, says, "In Japan, the registered dietitian system started in 1962, with only 50 students. I heard that about 50 students enrolled in the Department of Nutrition at Hanoi Medical University last year. I expect that conclusion of this agreement will expedite development of dietitian training system in Vietnam and also that the trained graduates will contribute to improvement in

Quality of Life (QOL) among Vietnamese people. We shall provide support for the training of dietitians as much as we can".

Our collaboration utilizes the combined strength of Jumonji University, Kanagawa University of Human Services, Ajinomoto Co., Inc. and the Japan Dietetic Association. The challenge towards the development of a packaged curriculum for training dietitians based on 90 years' history in Japan and its export to Vietnam has just started. Your kind attention on the progress of our project will be highly appreciated.

Yasuhiro Kido
Director of Academic and Scientific Research Department
Japan Dietetic Association

Speech by Prof. Tatsushi Komatsu
(President of JDA)

Memorable first step by Japan and Vietnam

Buffet party after the signing ceremony

Representatives from five institutions/universities signed in the agreement

Students of Hanoi Medical University also participated in the signing ceremony

Country – Portugal

Food and Nutrition Awards 2014 in Portugal

To recognize innovation in the field of food processing industry, aimed at promoting healthy lifestyles, eating habits and consumer education, is the main objective of the Food and Nutrition Awards 2014.

Nuno Vieira e Brito | State Secretary for Food and Agribusiness Research

The 5th Edition of this initiative was presented on April 15 in the Main Hall of the Ministry of Agriculture and Sea and was attended by the State Secretary for Food and

Agribusiness Research, Nuno Vieira e Brito, who this year took the challenge to become honorary president of the jury, and Helder Muteia, FAO representative in Portugal.

Helder Muteia | FAO representative in Portugal

Organized by the Association of Portuguese Nutritionists (APN) and the GCI, the Food and Nutrition Awards have evolved over the last two years with a focus on innovation and the food industry, in close partnership with the scientific community, business and government, with responsibilities in the areas of Innovation, Industry, Agriculture, Health and Education.

Célia Craveiro | APN President

The Food & Nutrition Awards are now presented with some changes, but maintain the objective of mobilizing society for innovation, promoting healthy lifestyles and eating habits, and consumer education.

Award winners of 2014 will be revealed on October 16, World Food Day, at a ceremony in the Calouste Gulbenkian Foundation in Lisbon. Winners will be able to use the first stamps of Food & Nutrition Awards, a tool for marketing and communication, which amplifies the reputation of the initiative and supports the innovative and distinctive character of the products and services available to all Portuguese.

Miguel Yeep
APN

Country – Switzerland

A New Legislative Framework for Swiss Dietitians

Since 2011, the SVDE [Swiss Association of Registered Dietitians] has been involved in framing a new Swiss federal law governing the health care professions (Healthcare Occupations Act [HOA]). The current law is to be revised in order to put the health care professionals qualifying at Switzerland's universities of applied sciences on a better footing vis-à-vis doctors, who are trained in the traditional universities. The new law encompasses the following health care professions: nurses, physiotherapists, occupational therapists, midwives and dietitians.

The aim of the new law is to promote quality in the professional health care courses taught in the universities of applied sciences, at the same time uniformly regulating the requirements governing education and professional practice in this field throughout Switzerland. In addition, the recognition of foreign qualifications will be ensured. This will be achieved by including certain general professional competencies, which will be the same for all the health care professions in the new law. This regulation lends transparency to the acquisition of professional qualifications and constitutes an important precondition for the recognition of foreign degrees and diplomas. The unified regulation of professional practice within the responsibility of each speciality also forms part of what is being achieved. In this respect, the law stipulates obligations such as lifelong learning and disciplinary procedures for breaches of professional standards.

In the course of sittings of the "advisory group", the SVDE was kept regularly informed by the Federal Office of Public Health and the State Secretariat for Education, Research and Innovation of the state of progress of the legislative work, and was often asked to submit comments on proposed amendments. The SVDE usually agreed on joint comments with representatives of other Swiss professional health care associations, and sometimes also with representatives of the universities of applied sciences. As a result, some of our concerns found expression even in the draft stages of the bill. The process leading to creation of this valuable law has now been going on for about two years and is set to continue for a further one or two years. We are pleased to be able to

report on it to our international colleagues in this special issue of the newsletter. The recognition of dietitians is a matter of worldwide importance!

Gabi Fontana
SVDE President

Country – United States

The Academy of Nutrition and Dietetics International Focus

Malnutrition, including both under- and over-nutrition, and disease prevention are universal concepts that the international nutrition community must address. To do this, we must work together through collaborations and networking to build capacity for nutrition professionals; develop new and advanced skills for assessment, diagnosis and intervention; and conduct nutrition and dietetic specific research. Through these avenues, the global nutrition resource needs can be identified, strategized for and intervened on.

To contribute to the international nutrition community in a meaningful way, a new goal with corresponding strategies was added to the Academy of Nutrition and Dietetics' Strategic Plan: *"Members collaborate across disciplines with international food and nutrition communities."* This goal recognizes the need for working within existing structures in individual countries and for collaboration between organizations to ensure nutrition needs are met worldwide.

The Academy has made tremendous strides in working with the international community to understand different nutrition needs, understand different health care infrastructures and workforce capacities and develop relevant resources that may contribute meaningfully to the science and knowledge base of nutrition.

To increase understanding of nutrition needs around the world, the Academy has developed a relationship with nutrition professionals from the National Institutes of Health and the United States Agency for International Development. Through this collaboration, projects in Africa on HIV/AIDS, malnutrition and micronutrients have been initiated. Work in Africa to understand health care infrastructure and resource needs as they relate to nutrition and dietetics began in August of 2013. These efforts will continue as the international strategies are fine-tuned and further focused.

Groundbreaking Academy initiatives such as the Evidence Analysis Library (EAL) and the development and introduction of the Nutrition Care Process (NCP) and Terminology (NCPT) are examples of Academy resources that have impacted the international nutrition community. These efforts provide a natural pathway to building our international vision while maintaining our national agenda.

The EAL (http://andevidencelibrary.com/default.cfm) is a collection of nutrition and dietetics-specific questions that have been answered through systematic review and, when appropriate, subsequently developed into evidence-based nutrition practice based guidelines. This database of graded, peer-reviewed research is organized by topics relevant to the nutrition practitioner. From September 2004 through April 15, 2014, there have been 19,370,196 total EAL page views from 219 different countries.

Similarly, the Nutrition Care Process Terminology Committee has had great impact on the international nutrition community. More than 20 countries are using the NCP and nine have translated the NCPT into their own language (e.g. Taiwan, Japan, Sweden, Italy). To ensure the NCPT is an international language, the Academy committee which guides NCP development and validation has two voting members knowledgeable in the process but are from countries other than the United States. Additionally, an international sub-committee was formed where the membership is comprised of individuals from countries around the world who are interested in or are currently using the NCPT.

Future work will build on better understanding of the international nutrition community's needs, building collaborations and networks to foster resource dissemination and research, and the development of resources that will improve people's nutrition status around the world.

Sylvia Escott-Stump, MA, RD, LDN
US Representative for ICDA
Dietetic Internship Director
East Carolina University
North Carolina

Resources

New Mobile Learning Program on Counselling Skills in Canada

Excellent counselling skills are essential for best practice, but it is not a skill that comes naturally. Understanding the difference between nutrition education and nutrition counselling, learning to ask good questions, and identifying barriers to communications with clients all require awareness and precision on the part of the dietitian.

Dietitians of Canada's new mobile learning program – Counselling for Behaviour Change – provides just the right balance of practical information and the supporting research together with background reading to allow you to reflect on your own client interactions and practice new approaches.

Developed by Hollie Raynor, PhD, RD, LDN of the University of Tennessee with an expert advisory committee, this PEN® approved program is based on *Instigating and Implementing Eating and Physical Activity Behaviour Change: A Lifestyle Intervention Manual and Toolkit.* Dr. Raynor combines her training in nutrition and psychology in her research in eating regulation, specifically those factors that affect satiety and behaviour interventions in obesity. The program uses the best in e-learning by combining video, case studies and self-reflections with practice tools and further readings. It includes an end of program exam and a certificate of completion for your professional learning portfolio. The program is available 24/7 and you have 90 days to complete the program from the date you register.

To register or to find more information visit **www.dietitians.ca/elearning**. Additional questions may be addressed to the author of this article.

Corinne Eisenbraun
Director Professional Practice Development and Support
Dietitians of Canada
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AODA Grows in Strength

The American Overseas Dietetic Association (AODA) has grown. We now have 1000 members living in more than 70 countries. Members are U.S. registered dietitians and qualified food and nutrition professionals from international dietetics communities. Members practice in varied settings such as colleges and universities, schools, community settings, overseas US military bases, local hospitals and clinics, private practice, consultation, industry, and food service facilities. As desired, individual dietitians may join the Academy and become affiliated with this dynamic AODA group. Qualifications for International membership include completion of formal training in food, nutrition or dietetics received outside the United States or US Territories, verified by the country's professional dietetic association and/or national regulatory body. International members may be appointed to serve on Academy committees and may attend all meetings. A real benefit is having access to the Evidence Analysis Library (EAL), Journal of the Academy of Nutrition and Dietetics (JAND) and great materials!
For more information, contact by E-mail: **membership@eatright.org**; telephone +1-312/899-0040, ext. 5000.

Sylvia Escott-Stump, MA, RD, LDN
Academy of Nutrition & Dietetics

International Collaboration Closing the Evidence to Practice Gap

Translating research into practice is an issue challenging all health professions. The ICDA 2010 consensus statement on evidence-based dietetic practice identifies important elements such as asking questions, systematically finding and assessing the quality of evidence, as well as combining that information with expertise or experiences and the client or community values to guide decision-making. A major barrier is lack of awareness for new evidence – this is not surprising as there were over 20,000 new PubMed citations and 76 journals in the field of nutrition and dietetics in 2013. Dietitians need to be both aware and savvy users of technology to advance their practice.

Launched by Dietitians of Canada in 2005, and now in partnership with the British Dietetic Association and Dietitians Association of Australia, the dynamic web-enabled PEN (Practice-based Evidence in Nutrition®) system has evidence-based, peer-reviewed answers to practice questions across the diverse domains of dietetic practice. This historic collaboration of ICDA members is helping to close the evidence to practice gap and advance dietetics internationally.

Check out PEN today: **http://www.pennutrition.com/**

Judy Bauer
Practice-based Evidence in Nutrition Translational Research Leader
Dietitians Association of Australia (DAA)

Awards and Grants

Competitive Essay Award of the Wimpfheimer-Guggenheim Fund for International Exchange in Nutrition, Dietetics and Management

The Competitive Essay Award of the Wimpfheimer-Guggenheim Fund for International Exchange in Nutrition, Dietetics and Management supports the international exchange of needed nutrition, dietetics and/or management information that benefits the nutritional health of

the world community. The 2014 essay topic was: *Describe innovative ways or an example of how to communicate the latest research or practice procedures in the field of nutrition, dietetics, and/or food service management to an underserved area in the world.* This year's essay award recipients were Prajakta Khare-Ranade MSc, RD, LD, for her essay titled: *International Diabetes Education Program: A Simplified Distance Education Program Focused at Training Diabetes Educators in Rural India* and Beatriz Dykes, PhD, RDN, LD, FAND for her essay titled: *Beyond Borders: A Vision on Dietetics Education, Credential and Practice*. To read these essays or past essay submissions, please visit: **http://www.eatright.org/Foundation/content.aspx?id=7031**.

The 2015 essay topic is: *Describe innovative global inter-professional teamwork by communicating effective roles and values of a dietitian /nutritionist as a member of the inter-professional healthcare team worldwide.* The author must be a professional dietitian or nutritionist and be involved in the project. The deadline to apply is February 1, 2015. The award amount is $1,100. Up to two awards may be given. For more information or to download an application, please visit: **http://www.eatright.org/Foundation/content.aspx?id=6998.**

First International Nutritionist/Dietitian (FIND) Fellowship for Study in the USA

The recipient of the First International Nutritionist/Dietitian (FIND) Fellowship for Study in the USA is given to assist a foreign national who is pursuing postgraduate work in the USA and has a clearly articulated plan to return to their country. The 2014 award recipient is Jessie Ho, AS, BS, from Hong Kong who is currently seeking to complete her dietetic internship and a masters degree in clinical nutrition from Purdue University. Jessie is also currently working as a nutrition trainee at the Boling Center for Developmental Disabilities which is affiliated with the University of Tennessee Health Science Center. Upon completing her program and returning to Hong Kong, her goal is to become a dietitian who specializes in metabolic disorders. Jessie said upon receiving the award, "*This award has further validated my dreams of becoming a metabolic dietitian and confirmed my desire to help the underserved population of those who diagnosed with Inborn Errors of Metabolism in Hong Kong*."

The deadline to apply for the 2015 FIND Award is February 1, 2015. The award amount is $2,200. For more information or to download an application, please visit: **http://www.eatright.org/Foundation/content.aspx?id=6998.**

Colgate Palmolive Fellowship in Nutrition, Oral Health/Dental Education

The Colgate Palmolive Fellowship in Nutrition, Oral Health/Dental Education is given annually to support research in nutrition and oral health or dental education by a student in a master's, doctoral or post-doctoral program in dietetics/nutrition or public health nutrition with an expressed interest in nutrition and oral health/dental education. The deadline to apply for the 2015 Colgate Fellowship is April 1, 2015. The award amount is $15,000. Non-US residents may apply. For more information or to download an application, please visit: **http://www.eatright.org/Foundation/content.aspx?id=6998.**

Calendar of Events

5th Buenos Aires Nutrition Conference "Nutrition and Health: new trends", is to be held on August 13th and 14th, 2014 in Buenos Aires. Visit **www.aadynd.org.ar** or follow AADYDN on **Facebook** for more information.

6th Asian Congress of Dietetics (ACD) will be held from August 21 to 24, 2014 at NTUH International Convention Center, Taipei, Taiwan. The conference theme is "Advancing health through innovating dietetic practice across Asia". Major topics include Clinical Nutrition, Food Service Management, Community Nutrition, Dietitian Education and Certification, Research and Application, etc. The First Asian Dietetics and Nutrition Student Forum will also be held.
Please visit the website **http://www.acd2014.org** for more detailed information, and please note the important due dates of calling for papers (February 15, 2014) and early bird registration (March 31, 2014).

The Brazilian Association of Nutrition – ASBRAN, along with Nutrition Association of the State of Espírito Santo - Anees is promoting CONBRAN which is in its 23rd edition. The event will take place between **17-20 September, 2014**, in Vitória / ES, with the XXIII Brazilian Congress of Nutrition | V Iberoamerican Congress of Nutrition | III Symposium Ibero-American Sports Nutrition | II Symposium Ibero-American Production Dining and II Symposium Ibero-American Symposium of Clinical Nutrition. Visit **www.asbran.org.br** for updates.

8th EFAD/DIETS Conference, 9-12 October 2014 in Athens, Greece. Conference topics include European policy, nutrition initiatives and research projects, cultural issues regarding nutrition, dietary patterns and behaviours, promoting dietetics, students program, and much more. Visit **www.efadconference.com** for details.

Food & Nutrition Conference & Expo, Atlanta, Georgia USA, October 18-21, 2014
www.eatright.org/fnce. This conference developed by the Academy of Nutrition and Dietetics is for dietitians, dietetic technicians and other food and nutrition professionals. It features more than 100 sessions, 300 poster presentations and an exhibition with 300 companies.