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Feature Article

The German Association of Dietitians committed itself to the Budapest Resolution

The "EFAD Budapest Resolution" was introduced at the EFAD General Meeting in Budapest/Hungary, October 21st 2022. It states a Dietitian's Role in Supporting the Human Right to Safe and Appropriate Nutritional Care for Every European Citizen. The German Association co-signed and informed all of its 400 political healthcare contacts and stakeholders via press release.

For 65 years, the VDD has pushed the role of dietitians by representing its members in politics, society and industry and providing a wide range of services for its members, such as accredited specialists and lifelong learning programs. An interesting fact is that the VDD achieves its ambitious goals in coherence with its volunteering members in 19 specialist groups and bodies.

honored the volunteers at the International Volunteer Day for Economic and Social Development, IVD (annually December 5th). Picture: Manuela Thul

Here are some highlights of how the German Association contributed to the International Declaration on the Human Right to Nutritional Care and the Role of dietitians in 2022.

- Release of the relaunch of the Homepage on time to the 64th National conference, May 12th-14th 2022: New structure and the strong corporate design aim to guide users, starting from patients, dietitians to other stakeholder on information they need and help to promote the role of dietitians in all settings.
- The Oncology Pocket Guide: This is a quick-reference book in a practical size to serve as conceptual framework for practice. It is connected with the PG-SGA and is designed for the interdisciplinary team. It is aimed to prevent malnutrition and useful as bases for nutritional care via G-NCP.

- Celebrating the Dietitians Day to spotlight the services of dietitian:, the VDD launched 2022 a corporate video. It is created to inform patients and clients about the profession and benefits of nutritional therapy and prevention.

- Every year the VDD awards dietitians who increase the awareness for the profession, explore new areas of dietetic service or strengthen their external impact. In 2022 Dr.

Nicole Erickson was awarded for her achievements. She has been a VDD member for many years and is the founder of the oncology specialist group. Throughout Europe and internationally, she is committed to the interests of dietitians in oncological nutritional therapy. For the German Cancer Society, Dr. Erickson is a speaker on PRIO (Prevention and Integrative Oncology). **Dr. Nicole Erickson** is representing the German Association as Committee Lead of the EFAD ESDN Oncology and was also awarded with the 1st Bayerischer Krebspatienten-Preis 2022 for her passion**.**

- Survey and summary on nutritional therapy in primary care. Dietitians are, by professional law, providers of remedies for nutritional therapy. However, the current lack of legal regulations on low-threshold access to nutritional therapy leads to barriers for patients and challenges for economic practice management among established dietitians. By analyzing the situation and exchanging ideas with stakeholders, the VDD is committed to improving access for patients and improving the working situation of dietitians.

- In order to promote the role of dietitians as actors in sustainability matters the VDD is member of several boards and provides information and further education for its members. To encourage the dietetic workforce to use international tools and to share their activities **Manuela Thul,** delegate to the ICDA and EFAD, set up a project mentoring German speaking dietitians about usage of the ICDA SFS-Toolkit and received therefore one of ten SFS-Toolkit-Grants for the German Association..

- **Dr. Daniel Buchholz** became re-confirmed as an EFAD EC member at the EFAD General Meeting and represents the German Association on executive level.
- **Newly released update on nutrition therapy for Covid-19**. A Working group of well experienced association members from clinics, geriatrics, teaching and the outpatient sector have generated a systematic practical guide to nutrition SARS-CoV-2 in 2020. Due to new scientific findings and in the meantime gained practical knowledge an update was required. The updated edition serves as a manual for use in outpatient applications and clinical practice of nutritional therapy for mild or moderate COVID-19 disease and seriously ill persons suffering in different stages – including long or post-COVID.

- **Robert Speer** represents the VDD on European level as member of the EFAD ESDN Older Adults and as Committee lead geriatrics within the VDD.

In conclusion the role of dietitians is increasingly manifested in politics and the VDD is involved in the development of the nutrition strategy 2023 initiated by the German Government nowadays. We are looking forward to another exciting year and wish a healthy and prosperous 2023 to all our ICDA colleagues.

Manuela Thul

ICDA Delegate for the German Association of Dietitians

Information and Reminders

ICD: International Congress of Dietetics (ICD):

19th International Congress of Nutrition and Dietetics is coming to Canada

SAVE THE DATE!

2024 CANADA
ICND
19th International Congress of Nutrition and Dietetics
Toronto 12-14 June
RISE TO THE CHALLENGE

CALL FOR ABSTRACTS

SUBMISSIONS OPEN:

March 31, 2023

The ICND offers a global platform for dietetics and nutrition, sharing the best of applied science, practice and training experiences. Every four years the ICND hosts the world's largest and most diverse representation of dietetics across the world. As hosts of ICDN 2024, the Dietitians of Canada and the International Congress of Dietetic Associations welcome you to Toronto, Ontario, Canada, June 12-14, 2024.

For information and details as they become available, please visit: icnd2024.ca

National Dietetic Association Reports

News from The Academy of Nutrition and Dietetics (Academy)

Academy of Nutrition and Dietetics Supports International Efforts to Improve Nutrition and Health

The Academy continues to champion efforts that address nutrition security. The Consolidated Appropriations Act of 2023, a year-end omnibus package approved by the 117th U.S. Congress on December 23, 2022, included changes to health policy. The Academy advocated for funding for programs that contribute to achieving its mission of accelerating improvements in global health and well-being through food and nutrition. With other annual funding programs of interest, the package included key funding streams for international nutrition programs: $1.8 billion for the Food for Peace Program (PL 480) and $248 million for the McGovern-Dole International Food for Education Program.

With more than 820 million people experiencing hunger and more than 49 million people in 49 countries living at the edge of famine, the Food for Peace Program, authorized by the Food for Peace Act, enhances food security and supports long-term economic development. As part of the Food for Peace Act's four sections, the U.S. Department of Agriculture manages government concessional sales of U.S. agriculture commodities to developing countries (Title I). The United States Agency for International Development manages work pertaining to emergency food donation programs (Title II), government-to-government agricultural grants (Title IV) and voluntary technical assistant for farmers and farm groups within developing countries (Title V). These funds will address malnutrition and its causes, promote broad-based, equitable and sustainable agriculture development, expand international trade and prevent conflicts.

The McGovern-Dole International Food for Education and Child Nutrition Program aims to support education, child development and nutrition security in low-income, food-deficit countries. This program saw an increase of $11 million over fiscal year 2022; these funds will support school feeding and maternal and child nutrition projects via agricultural commodities, as well as financial and technical assistance. As in the United States, school meals provided through this program improve attendance, particularly for girls.

Through food, sustainable agriculture development and access to education, both programs reflect a priority to end global hunger and malnutrition, and advance international security.

News from The Association of Clinical and Public Health Nutritionists in Finland (RTY)

After the resignation of the long-term Executive Director, Leena Rechard,t M.Sc.(Nutrition), in March, 2022, there was no acting Executive Director for several months which naturally, affected the day-to-day operation of the association. However, by October, the association hired Katja Hätönen, Ph.D. (Nutrition), as the new Executive Director.

The Spring Seminar and the Annual General Meeting were held in May

The theme of the Spring Seminar was food safety, and it was held in a hybrid manner. There were over 80 participants and afterwards, the recording of the Seminar has been watched over 200 times.

The Annual General Meeting of the association was held after the Spring Seminar. The Association of Clinical and Public Health Nutritionists in Finland (RTY) has a seven-member board chosen from the representatives of the members. Two new members started their two-year term in the Board. The student member of the Board also changed, due to the one-year term.

The Association published its own journal biannually and produced brochures for guidance

RTY publishes a biannual journal, Ravitsemusasiantuntija, for science-based nutrition topics. The themes of the journal are annually decided by the editorial board and the themes of the year 2022 were “Sport and Nutrition” and “Towards Responsible Nutrition”, respectively.

In addition, RTY produces brochures for nutritional guidance. There were 30 different brochures available in Finnish and five different brochures in Swedish. Five of those brochures were updated during the year of 2022.

Organising the Nutrition Seminar Valtakunnalliset Ravitsemuspäivät in November

The annual two-day seminar Valtakunnalliset Ravitsemuspäivät was organised in November 7-8. The seminar was held for the 30th time and it focused on both unintentional weight gain and weight loss, and what is the link between nutrition and unintentional weight changes

caused by diseases, medications, and other individual factors. Over 250 professionals, students, and representatives of business cooperation and stakeholders participated in the seminar.

Subsections actively convened after Corona restrictions

RTY has 17 subsections, whose interests are focused on regional or disease-specific activities. Altogether, they organized 25 meetings, lectures, or seminars during the last year. Furthermore, RTY organized three webinars for the members. The topics of the webinars were Renal Diet, Emotional Eating, and How to use Instagram in Nutrition Communication.

Katja Hätönen, toiminnanjohtaja@rty.fi

The Association of Clinical and Public Health Nutritionists in Finland (RTY)

www.rty.fi

Seminar Valtakunnalliset Ravitsemuspäivät were held in Paasitorni, Helsinki

News from the Hellenic Dietetic Association

On December 10th, the Association's elections took place and resulted in the new board of Hellenic Dietetic Association. On same day, a meeting was held with presentations made mainly in the field of weight management. Both speakers and participants had an opportunity for interdisciplinary dialogue and interaction. Members of the weight management special group of HDA and distinguished guest speakers highlighted the latest data on obesity, current issues & new technological practices in weight management. Below are some pictures taken at the event.

Christos Derdemezis PhD, Dietitian
Communications Officer

Presentations in the field of weight management.

News from The Hungarian Dietetic Association (TDA)

Influencer campaign to promote healthy eating guidelines in Hungary

Social media influencers greatly impact health behaviour, and sometimes dietitians need to use the same marketing techniques to convey messages about healthy nutrition.
Taking advantage of the New Year resolutions, in January, the Hungarian Dietetic Association (MDOSZ) launched a campaign on Instagram involving influencers to promote the Hungarian dietary guideline, Okostányér ("smart plate").
We sent a gift of a seasonal vegetable bouquet, a handmade painted porcelain plate, and a weekly menu plan based on the dietary guideline to 15 popular Hungarian influencers (focus: healthy lifestyle, mothers, gastro influencers).
The main message: Eat well to live well! Follow the recommendations of the Okostanyer („smart plate"), if you want to eat right every day.
It was an unpaid collaboration, but the influencers received it well. 10 out of 15 influencers posted had 16 impressions with an estimated reach of 620,000.
The results of this mini-campaign show that there is a case for further collaboration between the Association and influencers."

Zsuzsanna Szűcs

Awards/Grants

Academy of Nutrition and Dietetics Foundation News

The Wimpfheimer-Guggenheim ICDA Welcome Fund provides financial support to new ICDA members. Contact nbrown@eatright.org for information.
The Wimpfheimer-Guggenheim Resource Grant for International Dietitians provides funding for resources from the Academy to support dietetics practice. Eligibility requirements include having the Registered Dietitian credential or equivalent in the applicant's home country. The application is open year-round and is awarded on a quarterly basis. To apply and learn more, please visit the application.

Announcements & Calendar of Events

Academy Membership Information

Members can gain access to career enhancing benefits such as discounts on products and subscriptions, complimentary access to the *Journal of the Academy of Nutrition and Dietetics* and the Evidence Analysis Library® (EAL®), as well as exclusive networking opportunities. Apply for Academy membership by completing an International Membership Application and International Verification Form and returning it to the Academy with payment. For more information visit www.eatrightPRO.org, or phone +1-312/899-0040, ext. 5000, weekdays from 8 a.m. to 5 p.m. Central time (callers within the United States can reach us at 800/877-1600, ext. 5000), or email.

ICDA LinkedIn page

- NDAs are requested to encourage its members to follow and promote the ICDA LinkedIn page: ICDA – International Confederation of Dietetic Associations, at https://www.linkedin.com/company/internationaldietetics/

If you have not already done so, please send a short description of your NDA (about 150-200 words in your language but also in English) that includes your organization's name, mission, and contact information, your logo (with your approval to post that the logo). You can also include a written quote from your organization's President or a designated leader. We will be featuring NDAs on the LinkedIn page. Please send the information to ICDAsocialmedia@gmail.com

Share your news on social media. Send the information to ICDAsocialmedia@gmail.com Please allow approximately one week for posting.

The 5th Conference of FANUS (Federation of African Nutrition Societies) will be coming up in November 2023 at Dakar.